Seattle Children’s
Outpatient Rehabilitation Medicine

Leadership
Susan Apkon, MD
Director, Department of Rehabilitation Medicine

Most Frequently Treated Conditions
Acquired brain injury
Arthrogryposis
Brachial plexus injuries
Cerebral palsy
Guillian-Barré syndrome
Neuromuscular diseases:
  Muscular dystrophies
  Myopathies
  Neuropathies
  Spinal muscular atrophy
Spinal cord injury
Stroke
Traumatic brain injury

Specialty Focus
Cerebral palsy

Partnering with Community Providers to Treat the Whole Child

Children’s Outpatient Rehabilitation Program provides expert care for kids with acquired or congenital disabilities — from concussion and traumatic brain injury (TBI), to Duchenne muscular dystrophy and cerebral palsy. As pediatric specialists, we are uniquely qualified to evaluate the impact of a child’s growth on their muscular and skeletal function at each developmental stage. In our outpatient clinics (see reverse) we bring together multidisciplinary teams to help each patient maintain their good health, improve function and thrive.

Input from our patients’ care providers is integral to developing effective treatment plans. Our care teams include the child’s family and primary care physician, and community physical therapy/occupational therapy (PT/OT) and speech-language pathologists working in tandem with Children’s specialists.

A Focus on Cerebral Palsy

With the goal of improving each child’s overall function and quality of life, our experts in cerebral palsy assess gait and movement, equipment needs, orthotics, PT/OT and muscle tone. We recommend both surgical and nonsurgical evidence-based interventions. Our care team gives each child the support they need to reach their maximum potential. Call 206-987-2114 to schedule a patient evaluation.

Seattle Children's is a national leader in rehabilitation for children.

Learn More:
www.seattlechildrens.org/rehab

To schedule a patient, call 206-987-2114.
FAX 206-987-2651
Outpatient Rehabilitation Clinics
Target Unique Care Needs

Outpatient Rehabilitation clinics bring specialists together in one place to give patients the most complete care. These teams may include a rehabilitation doctor, neurologist, cardiologist, pulmonologist, endocrinologist, nurse, physical or occupational therapist, dietitian, social worker and others. We encourage community therapists to forward any evaluations, questions or concerns before their patient’s appointment. Children’s Outpatient Rehabilitation clinics include:

- **Rehabilitation Clinic** — Specialty care for children with a range of function-related problems, including cerebral palsy, spinal cord injury and stroke.
- **Traumatic Brain Injury (TBI) Clinic** — A rehabilitation physician, neuropsychologist, speech and language pathologist, and education specialist recommend ways to manage problems and help patients return to school.
- **Spasticity Management Clinic** — After a comprehensive evaluation, our team recommendations may include casting, medication to reduce spasticity, therapy, orthotics or surgery.
- **Neuromuscular Clinic** — Serving children with Duchenne muscular dystrophy, Becker muscular dystrophy, spinal muscular atrophy and other neuromuscular diseases, this clinic focuses on improving overall medical status and function. Treatments may include therapy, special equipment, medications, orthotics and surgery.
- **Arthrogryposis Clinic** — In an effort to improve each patient’s overall function, our team of specialists may prescribe therapy, special equipment, splinting, orthotics and surgery.

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**Seattle Children’s Outpatient Rehabilitation Locations**
Main Campus
Bellevue Clinic and Surgery Center
Federal Way Clinic
Olympia Clinic

—I view Children’s Rehab docs as the team leaders, synthesizing information from community therapists with what they learn in their examination. They offer the most current information on diagnosis and pharmacology, and together we collaborate to develop the best individualized care plan for each child. I appreciate being valued for my contributions to the process.”

— Vicki Schwartz, PT,
Cascade Children’s Therapy, Inc.
Mill Creek, Wash.