Lansoprazole (also called Prevacid, First-Lansoprazole or Prevacid SoluTab) is a medicine that decreases stomach acid. Lansoprazole is used to prevent or treat certain stomach ulcers, gastroesophageal reflux disease, heartburn, and any illness caused by large amounts of stomach acid.

**Is it safe for my child to take this medicine?**

Do not use if your child has an allergy to lansoprazole or any other part of this medicine. Tell your child’s healthcare provider if they are allergic to any medicines, food, food preservatives, or dyes. Some signs of allergy include:

- Rash or hives
- Itching
- Shortness of breath
- Cough
- Swelling of face, lips, tongue or throat

**How do I give Lansoprazole to my child?**

It is best to give your child the medicine on an empty stomach about 30 minutes before the first meal of the day. The medicine comes in a liquid, capsule or tablet form.

**For liquid:**

- Shake the medicine well each time you give it to your child.
- Measure using a marked measuring spoon, syringe or cup.
- Do not mix or give with any other medicines.
- If the medicine is given through a feeding tube, be sure to flush the feeding tube before and after giving the medicine to your child.

**For capsules:**

Your child can swallow the capsules whole with a glass of water. If your child is unable to swallow the capsules whole, you can open the capsules. After you open the capsule you can:

- Sprinkle the medicine onto a small amount (1 tablespoon) of soft food like pudding, yogurt or applesauce. Have your child swallow the food right away. Your child should not chew the beads.
- Or sprinkle the medicine into a small amount (60ml or 2 ounces) of liquid such as apple, orange or tomato juice. Stir for a short time and have your child drink the juice right away. Pour some more juice into the same glass. Have your child drink the juice to make sure your child gets all of the medicine.
For dissolving tablets:
Place the tablet on your child’s tongue and let it dissolve on its own without water. This will take about 1 minute. Do not have your child swallow, chew, crush or break the tablet.

Using an oral syringe
To give the dissolving tablet with an oral syringe:
• Place the tablet into the oral syringe.
• Put water into a cup and draw it up into the oral syringe. If you are using a 15 mg tablet then use 4 ml of water. If you are using a 30 mg tablet then use 10 ml of water.
• Shake the syringe gently to get the medicine to dissolve into the water.
• Give the medicine to your child within 15 minutes of dissolving it.
• Then fill the syringe with 5 ml of water. Shake gently, and give it again to your child to make sure all the medicine is taken.

Using a nasogastric tube
To give your child the medicine with an NG (nasogastric) tube (size must be 8 French or bigger):
• Place the tablet into the oral syringe.
• Put water into a cup and draw it up into the oral syringe. If you are using a 15 mg tablet then use 4 ml of water. If you are using a 30 mg tablet then use 10 ml of water.
• Shake the syringe gently to get the medicine to dissolve into the water.
• Give your child the medicine through the tube within 15 minutes of dissolving it.
• Then fill syringe with 5 ml of water. Shake gently and give it to your child again to make sure all the medicine is taken.

What do I do if my child misses a dose?
• Do not give your child an extra dose or 2 doses at the same time.
• Give the missed dose as soon as possible. If it is near the time when the next dose is due, skip the missed dose. Wait to give your child the medicine on the regular schedule.
• Call your child’s healthcare provider if you have any questions on whether or not to give a dose of medicine.

How do I store this medicine?
Keep all medicine away from children and pets.

Storing liquid First-Lansoprazole:
• The medicine can be stored for up to 30 days. It is best to keep it in the refrigerator, but it can be also be kept at room temperature if needed.
• Throw away the medicine when it expires. The expiration date is on the prescription label on the bottle.
• Keep the medicine in the original bottle to protect it from light.

**Storing capsules or tablets:**
• Keep at room temperature in a tightly closed container, away from direct light or moisture.

**How do I get rid of this medicine?**
• You can get rid of most medicines by mixing them with coffee grounds or cat litter, placing them in an empty container and throwing it in your trash.
• Visit the FDA (Food and Drug Administration) website, [www.fda.gov](http://www.fda.gov) or [www.takebackyourmeds.org](http://www.takebackyourmeds.org) for a list of pharmacies that take back unwanted medicines.

**How do I keep my child safe while taking this medicine?**
• Check with your child’s healthcare provider to make sure their other medicines can be taken with lansoprazole.
• If your child takes sucralfate (Carafate), have them wait 30 minutes before taking lansoprazole.
• If your child takes ketoconazole, iron products, or digoxin, call your child’s healthcare provider before taking lansoprazole. They will tell you how to take these medicines together.
• Talk to your child’s healthcare provider if they have an illness called phenylketonuria. Some types of lansoprazole contain phenylalanine (aspartame).
• Talk to your child’s healthcare provider if they have liver disease.

**What are some possible side effects of this medicine?**
• Headache, dizziness, diarrhea, abdominal pain and constipation

**When should I call my child’s healthcare provider?**
You should call your child’s healthcare provider if they have any of these signs or symptoms.
• Skin rash, hives, unusual bleeding or bruising
• Dizziness, passing out, very tired, weak
• Unable to think clearly or doesn’t make sense
• Call your child’s healthcare provider and dial 911 **right away** if your child has trouble breathing, fever, blue skin color, bad cough, or swelling of the face, lips, throat or tongue.
• Call your local poison control center or dial 911 if you believe your child has taken a large amount of this medicine.
Lansoprazole (Prevacid)

Sources:

Free Interpreter Services
• In the hospital, ask your child’s nurse.
• From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.

To Learn More
• Seattle Ocean Pharmacy 206-987-2138
• Bellevue Pharmacy 206-884-9120
• Ask your child’s healthcare provider
• www.seattlechildrens.org