

Respiratory Treatment Order

To get the best results with your CF lung treatment, follow the steps below.

Step 1 Take bronchodilators (Albuterol) by inhaler or nebulizer

To open the airways.

Step 2 Take hypertonic saline by nebulizer

To moisten and move the secretions.

Step 3 Take DNase (Pulmozyme) by nebulizer

To thin secretions.

Step 4 Clear airway with clapping, Active Cycle of Breathing, Flutter, Acapella, Vest or Aerobika etc.

To move secretions up and out of the airway.

Step 5 Take inhaled steroids (Flovent, Advair)

To reduce inflammation.

Step 6 Take inhaled antibiotic (TOBI, Colistin, Cayston)

To fight infection.

Use these medicines only if recommend by your healthcare provider. Check with your healthcare provider first before giving any type of medicine to your child.

To Learn More

- Cystic Fibrosis Clinic
206-987-2024
- Ask your child's healthcare provider
- seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.



Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201. This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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