

# Cerebral Palsy (CP) Resources

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Resources for information on diagnosis, research and caregiver support.

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## Websites

### Cerebral Palsy Alliance

[cerebralpalsy.org.au](http://cerebralpalsy.org.au)

Australian organization that provides information on CP research

### CP Daily Living

[cpdailyliving.com](http://cpdailyliving.com)

Resources for caregivers, written by a parent of a child with CP

### CP Foundation

[yourcpf.org](http://yourcpf.org)

Organization from the United States focused on CP education and research

### CP Now

[cpnowfoundation.org](http://cpnowfoundation.org)

Offers caregiver education and provides support to caregivers and individuals with CP. Creators of The Cerebral Palsy Tool Kit

### My CP

[mycp.org](http://mycp.org)

Resource for the CP community focused on education and research from the United States

### United Cerebral Palsy

[ucp.org](http://ucp.org)

Chapters across the United States that provide advocacy, education and support for caregivers and children with CP

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## Apps

### CP Channel

Videos from experts, caregivers and people with CP. Download free in Apple and Android app stores

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## Books

You can find many of these books at your local library or bookstore or online.

### Cerebral Palsy: A Complete Guide for Caregiving

Miller and Bachrach, 2006.

Provides caregivers with information about cerebral palsy. Written by a team of CP experts at the Alfred I. duPont Hospital for Children

### Cerebral Palsy Tool Kit

[cpnowfoundation.org](http://cpnowfoundation.org)

A free educational booklet written by caregivers of children with CP that covers everything from diagnosis to family support

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## To Learn More

- Cerebral Palsy Program  
206-987-0199
- Ask your child's healthcare provider
- [seattlechildrens.org](http://seattlechildrens.org)

## Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.

### Online support

#### **Reaching for the Stars (RFTS)**

Facebook.com (In groups, search for “reaching for the stars”)

The only global nonprofit pediatric CP foundation led by parents

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### In-person support

#### **The Arc of Washington State Parent to Parent Support Programs**

[arcwa.org/parent-to-parent](http://arcwa.org/parent-to-parent)

Provides emotional support and information to families of children with special needs through one-to-one caregiver matches with trained and experienced parents. Available throughout Washington State

#### **Open Doors for Multicultural Families**

[multiculturalfamilies.org](http://multiculturalfamilies.org)

Provides culturally and linguistically relevant information, services, and programming to culturally and linguistically diverse families of persons with developmental and intellectual disabilities

#### **Parent Support Program at Seattle Children’s Hospital**

Contact the program coordinator at 206-987-1119 or by email at [parentsupportprogram@seattlechildrens.org](mailto:parentsupportprogram@seattlechildrens.org).

A peer-to-peer support program for parents and caregivers that connects caregivers with trained parent volunteers who have been through a similar experience with their own child

#### **Sibshops**

[siblingsupport.org](http://siblingsupport.org)

Offers support for siblings of children with disabilities through lively workshops. Sibshops are offered at Seattle Children’s Hospital and in Washington, Alaska, Montana and Idaho.

#### **United Cerebral Palsy**

[ucp.org](http://ucp.org)

Chapters across the United States that provide advocacy, education and support for caregivers and children with CP

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### Research

#### **CanChild.** Research on developmental conditions

[canchild.ca/en/diagnoses/cerebral-palsy](http://canchild.ca/en/diagnoses/cerebral-palsy)

#### **Cerebral Palsy Research Network**

[cprn.org](http://cprn.org)

#### **Seattle Children’s Research Institute (SCRI)**

[seattlechildrens.org/research/centers-programs/child-health-behavior-and-development](http://seattlechildrens.org/research/centers-programs/child-health-behavior-and-development)

#### **University of Washington Steele Lab.** Mobility engineering and design

[steelelab.me.uw.edu](http://steelelab.me.uw.edu)

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Disclaimer: The inclusion of any website link, or resource accessed through a link, does not imply endorsement by Seattle Children’s. Please seek the advice of your child’s healthcare provider before you act or rely upon any information from these resources.

Seattle Children’s offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children’s will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201. This handout has been reviewed by clinical staff at Seattle Children’s. However, your child’s needs are unique. Before you act or rely upon this information, please talk with your child’s healthcare provider.

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