

Outpatient Rehabilitation Therapy: What to Expect

Welcome to Seattle Children's Rehabilitation Therapy. Below is information about what to expect during your child's physical, occupational or speech therapy and how you can help us give your child the best possible care.

Appointments and scheduling

To schedule or cancel an appointment:

- Physical and occupational therapy at main campus
206-987-2113
- Speech therapy at main campus
206-987-2104
- Occupational, physical or speech therapy at
South Clinic
253-838-5878
North Clinic
425-783-6200

- Your therapist will recommend how often and for how long your child should come for therapy. You can schedule your appointments in person before you leave the clinic or by phone. See phone numbers at left.
- Please keep track of the appointments and make sure you are scheduling them as far in advance as possible. This will make it easier for us to meet your preferred schedule. It is your responsibility to check frequently with your therapist(s) to make sure you are scheduling out far enough.
- Please arrive on time to your appointments. If you arrive more than 20 minutes late for your appointment, we may need to reschedule your child's appointment for another time or day.
- Please stay at the clinic during your child's appointment. If you must leave, give us a phone number where we can reach you if there is an emergency. Please stay within 5 minutes of the clinic so you can return quickly if needed. Plan to return at least 10 minutes before the end of your child's therapy.

Cancellations and illness

- If you need to cancel an appointment, use the phone numbers at left. Please give us at least 24 hours' notice (with the exception of a family or medical emergency).
- If your child is ill or has been ill within the last 24 hours with a fever, cough or vomiting, please do not bring them to therapy. Call us to reschedule.
- Make sure your child comes to their scheduled appointments. If a patient misses 3 appointments in a row, we may cancel their therapy and move them to the bottom of the waitlist while we see other patients.

Therapy goals

We provide short-term treatment following an acute illness or injury or a long hospital stay. Our therapists will work with you and your child to create specific short-term, functional goals to address during therapy.

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To Learn More

- Ask your child's healthcare provider
- seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.



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Health changes

Please tell your therapist about any changes in your child's medical status that may impact their therapy session.

Costs and Insurance

You are financially responsible for your child's therapy services. Please check your therapy benefits with your insurance company.

If you have questions or need help, contact our financial counselors at 206-987-3333.