

Web Resources

For families of children and adolescents with emotional and behavioral needs

The following websites are resources for families who have a child or adolescent with emotional or behavioral health needs. They may be helpful for finding support or resources in your community. Inclusion on this list does not imply endorsement by Seattle Children's Hospital. Ask your child's care team if you have questions.

Statewide resources

Washington Information Network 211

win211.org

211 is a phone number for people to call for health and human service information and referrals and other assistance to meet their needs.

Washington State Department of Social and Health Services

dshs.wa.gov

This website provides information on how to access food and housing assistance as well mental health and addiction services. There are links to Child Protective Services, Developmental Disabilities Administration and programs for youth who are having trouble with breaking the law.

Substance Use Treatment Services

warecoveryhelpline.org

Includes a comprehensive guide to prevention and recovery services in Washington State, as well as information about the Washington Recovery Help Line (866-789-1511) and the TeenLink line (866-833-6546).

Social Security

socialsecurity.gov

Provides information on who can receive benefits and how to apply. They have a list of information to have ready and questions they will ask you to help prepare for your application.

National Alliance on Mental Illness (NAMI)

nami.org

namiwa.org (NAMI Washington)

NAMI provides education, advocacy, a helpline for support and leads public awareness events and activities across the country. You may find information about local support groups and services, as well as keep up to date on legislative initiatives in Washington and around the country.

1 of 2

To Learn More

- Psychiatry and Behavioral Medicine
206-987-2164
- Ask your child's healthcare provider
- seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.

American Academy of Child and Adolescent Psychiatry

aacap.org

This website provides education on diagnoses and issues facing children and teens today. There is also a child and adolescent psychiatrist finder, where you can search by city, state or zip code to find a psychiatrist close to you.

Residential Treatment in Washington State

Children's Long-Term Inpatient Program (CLIP)

clipadministration.org

CLIP is Washington State's residential treatment program for children and adolescents. On their website you will find information on who is eligible, how to access and pay for treatment and preview the residential options in the state.

School Resources

Office of Superintendent of Public Instruction (OSPI)

k12.wa.us/SpecialEd

Information on how to get an Individualized Education Plan (IEP), testing and other information about schools in the state. There is also a resource list for legal assistance in special education disputes and mediation.

King County Specific Resources

Guided Pathways

guidedpathways.org

Guided Pathways provides support and services to families by families, through one-to-one peer support for families and teens, classes and training and social events.

Children's Crisis Outreach Response System (CCORS)

kingcounty.gov/depts/community-human-services/mental-health-substance-abuse/services/Youth/CrisisOutreach.aspx

CCORS provides crisis services to children, youth and families in King County who are not currently receiving services. For children and youth enrolled in the King County Mental Health Plan you may access intensive stabilization services and short-term crisis stabilization beds.

Mental Health Wraparound Services

kingcounty.gov/depts/community-human-services/mental-health-substance-abuse/services/Youth/wraparound.aspx

Wraparound is a planning process that helps create an individual plan of care and a child and family team. The website includes eligibility criteria, information about service providers and how to access wraparound services.
