

Research Participant Recruitment

InHouse and iKnow Study Announcement Examples

Example 1:

InHouse/iKnow newsletter version (truncated)

Recruiting for the AmbiAnt Study: Evaluation of an Animated iPad App

Researchers at Seattle Children's are testing a new animated iPad app designed by a local Seattle artist. The researchers hope to learn how well the app works at helping young children cope with stress and anxiety compared to other iPad game apps already available for purchase. [Learn more.](#)

CHILD version (longer)

Recruiting for the AmbiAnt Study: Evaluation of an Animated iPad App

Researchers at Seattle Children's Center for Child Health, Behavior and Development are testing a new animated iPad app designed by a local Seattle artist. The researchers hope to learn how well the app works at helping young children cope with stress and anxiety compared to other iPad game apps already available for purchase. We are inviting healthy youth (ages 7 to 13) with no known medical, learning or mental health conditions to participate in this study. Participants will be asked to play with an iPad app and complete a timed test (puzzle activity) while having their heart rate and breathing measured during a one-hour visit at our research lab in downtown Seattle. Youth who take part will receive a \$25 Amazon gift card and parking will be validated for the visit. To learn more about the study and take part, contact the study coordinator, [Georgia Goldberg](#), at ext. 4-8273.

Example 2:

InHouse/iKnow newsletter version (truncated)

Recruiting Teens for an Online Sleep Questionnaire Study

Researchers at the Center for Child Health, Behavior and Development at Seattle Children's Research Institute are looking for healthy teenagers with and without sleep problems to take part in an online survey study. The goal of this study is to test a new questionnaire about sleep in teenagers. [Learn more.](#)

CHILD version (longer)

Recruiting Teens for an Online Sleep Questionnaire Study

Researchers at the Center for Child Health, Behavior and Development at Seattle Children's Research Institute are looking for healthy teenagers with and without sleep problems to take part in an online survey study. The goal of this study is to test a new questionnaire about sleep in teenagers. This study might be a good fit for your family if your child is 12 to 18 years old, is healthy and does not have chronic pain. Teens who participate in this study will each complete a short phone interview and an online survey about their sleep. Parents will complete online surveys about their teen's sleep and behaviors. Teenagers and their parents who participate will each receive \$10 Amazon gift cards (total of \$20 gift cards) to thank them for their time. To learn more about the study, contact the study coordinator, [Megan Lounds](#), at ext. 4-1559, or visit tinyurl.com/AIQStudy.

Example 3:

InHouse/iKnow newsletter version (truncated)

Seeking Participants for CRAFT Circadian Regulation Sleep Study

Researchers at Seattle Children's want to learn more about sleep and child development. This study might be a good fit if your child is 5 to 8 years old and has sleep problems like resisting bedtime, waking up during the night, not getting enough sleep, feeling tired during the day, or having a hard time falling asleep. [Learn more.](#)

CHILD version (longer)

Seeking Participants for CRAFT Circadian Regulation Sleep Study

Researchers at Seattle Children's want to learn more about sleep and child development. This study might be a good fit if your child is 5 to 8 years old and has sleep problems like resisting bedtime, waking up during the night, not getting enough sleep, feeling tired during the day, or having a hard time falling asleep. We'd like to enroll kids both with and without ADHD or prenatal alcohol exposure.

Participants will work with a member of the study team during two home visits and several phone calls to problem-solve ways to improve their child's sleep. Before and after you receive sleep help, you will be asked to complete a survey and diary of your child's activities, and your child will wear sensors on their wrist for seven days. At your home, members of the study team will complete measurements and create a dim-light environment where they will play quiet games and collect samples of your child's saliva. Participants will receive a free personalized child sleep assessment and may receive up to \$90 in gift cards. To see if your child is eligible, email CRAFTstudy@seattlechildrens.org or call ext. 4-1195.