

# Gender Clinic: Transgender and Gender Non-Conforming Patients

## Referral Information

<b>WHO</b>	Should be referred to the Seattle Children's Gender Clinic?	We see transgender and gender non-conforming patients up to age 21 for gender-affirming treatments including puberty blockers, cross-sex hormones, and management of other related issues including menstrual suppression, and consultation on basic medications for related issues including mental health and acne.
<b>WHAT</b>	Work-up is needed prior to the first appointment?  And what services are available?	No pre-referral work-up is required. Referring your patient to a mental health provider with experience with transgender youth is recommended, but not essential prior to referral. Please fax your recent clinical records and work up information to 206-985-3121. Available services include an initial phone intake with our Seattle Children's Gender Clinic care navigator; possible referral to a mental health provider for a readiness assessment and/or ongoing mental health treatment; puberty blockers for children who have entered the earlier stages of puberty; hormone therapy for patients who are in the latest stages of puberty and have completed a readiness assessment and are medically healthy; medical monitoring for patients on puberty blockers and/or cross-sex hormone treatment.
<b>WHEN</b>	Will my patient be able to obtain an appointment?	Once the patient is referred to the Gender Clinic, they can expect to receive a phone call from our Care Navigator within 2-4 weeks. During that intake phone call, they will learn what steps need to be taken before they can be scheduled and how that may impact their appointment timeline.
<b>WHICH</b>	Provider will my patient see at the first appointment?	Your child will be seen by Dr. Breland (regarding cross-sex hormones) or Dr. Salehi or Dr. DiVall (regarding puberty blockers). You will also meet with our Care Navigator Lara Hayden during your first appointment. To meet the Seattle Children's Gender Clinic Care team <a href="#">CLICK HERE</a> .
<b>WHERE</b>	Will my patient be seen?	The Gender Clinic is held in the Adolescent Medicine Clinic in the Springbrook Building in Seattle. Patients seeing Dr. Breland for cross-sex hormone treatment have the option of seeing him in the Bellevue Clinic for follow-up appointments, after having a first appointment in Seattle. For maps and directions <a href="#">CLICK HERE</a> .
<b>HOW</b>	Can I refer my patient to Seattle Children's Gender Clinic?	<p><b>URGENT Consultations (Providers Only):</b> call 206-987-7777 or toll free 877-985-4637</p> <p><b>Scheduling (Families):</b> 206-987-2028 option 1</p> <p><b>Phone Referrals:</b> Gender Clinic Navigator at 206-987-8319</p> <p><b>Faxed Referrals:</b> 206-985-3121 or toll free 866-985-3121</p> <p><b>E-referral:</b> <a href="http://www.seattlechildrens.org/healthcare-professionals/gateway/">http://www.seattlechildrens.org/healthcare-professionals/gateway/</a></p> <p><b>New Appointment Request Form:</b> <a href="#">CLICK HERE</a>.</p>