

WHO	Should be referred to the Child Wellness Clinic?	We see patients ages 2 to 11 years for the following conditions: acceleration of BMI percentiles-for-age; BMI > 85th percentile for age with emphasis on BMI > 95th percentile for age. Evaluation and treatment team includes: physician or nurse practitioner, nutritionist, social work, and fitness specialist. Focus of treatment is on family behavior and lifestyle changes via motivational interviewing, education and coaching to support growth, development and attaining a weight that is appropriate for the child.
WHAT	Work-up is needed prior to the first appointment?	Growth grids from birth to present as well as medical records and labs relevant to any co-morbidities. If you have already done a work-up, please fax your information to 206-985-3121.
WHICH	Provider will my patient see at the first appointment?	Your child will be seen as quickly as possible with the provider on the specialty team who is the best match for managing the current problem. To meet the Child Wellness CareTeam CLICK HERE .
WHERE	Will my patient be seen?	Child Wellness Clinics are held in Seattle. For maps and directions CLICK HERE .
HOW	Can I refer my patient to Seattle Children's Child Wellness Clinic?	<p>URGENT Consultations (Providers Only): call 206-987-7777 or toll free 877-985-4637</p> <p>Scheduling (Families): 206-987-2613 option 1</p> <p>Phone Referrals: Clinical Intake Nurses at 206-987-2080 or toll free 866-987-2080</p> <p>Faxed Referrals: 206-985-3121 or toll free 866-985-3121</p> <p>E-referral: http://www.seattlechildrens.org/healthcare-professionals/gateway/</p> <p>New Appointment Request Form: CLICK HERE.</p>