

# Partnership Access Line (PAL) Tele-Psych Consulting Services:

## Child Psychiatric Consultation Program for Primary Healthcare Providers

### PAL History

2007



PAL service pilot funded by WA State legislation

2008

PAL initiated WA Second Opinion Network (SON) to review psychotropic medication in youth

2011

PAL adds Wyoming: telepsychiatry visits and medication review

2014

PAL adds Alaska medication reviews



2016



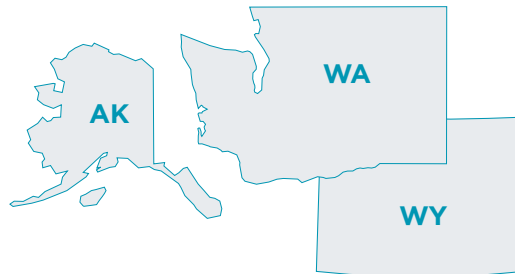
PAL Plus brief therapy pilot funded by WA State legislation

2019

PAL adds Alaska PAL, Referral Service pilot\* and CareConnect (University of WA)

\*family centered program

### Our Reach



#### Our Mission

We provide hope, care and cures to help every child live the most healthy and fulfilling life possible

#### Our Funding

State contracts

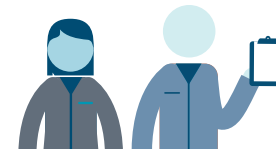
#### Our Service

Our service supports primary care providers with questions about mental health care such as diagnostic clarification, medication adjustment or treatment planning

### Pediatric Teleconsultations for WA, WY and AK

Fiscal Year 2019-2020

3,218



Telephone elective and mandatory consultation calls from community prescribers caring for any pediatric patient regardless of insurance type

#### Patients by age

328

0-5 years

1,339

6-12 years

1,551

13+ years



#### Insurance

67%

Medicaid



33%

Non-Medicaid

### Mental Health Education

Fiscal Year 2019-2020

269

Conference Attendees



Free child mental health educational events for community providers. 8 regional conferences held yearly.



4,588 Downloads

Primary Care Principles for Child Mental Health Care Guide, focused practical points for the primary care physician