Disruptive Behavior and Aggression Resources

Information for Families

Books parents may find helpful:
Your Defiant Child: Eight Steps to Better Behavior (2013), by Russell Barkley, PhD
The Explosive Child (2001), by Ross Greene, PhD
The Difficult Child (2000), by Stanley Turecki, MD and Leslie Tonner
1-2-3 Magic: Effective Discipline for Children 2-12 (2004), by Thomas Phelan, PhD
Raising an Emotionally Intelligent Child (1998), by John Gottman, PhD
SOS Help for Parents (2006), by Lynn Clark, PhD
Parenting Your Out-of Control Teenager: 7 Steps to Reestablish Authority and Reclaim Love (2001), by Scott P. Sells, PhD
Your Defiant Teen: Ten Steps to Resolve Conflict and Rebuild Your Relationship (2013), by Russell Barkley, PhD

Videos parents may find helpful:
1-2-3 Magic: Managing Difficult Behaviors, by Thomas Phelan, PhD
Managing the Defiant Child, by Russell Barkley, PhD
The Kazdin Method for Parenting the Defiant Child (book with DVD), by Alan Kazdin and Carlo Rotella
Raising an Emotionally Intelligent Child, by John Gottman, PhD

Websites families may find helpful:
American Academy of Child Psychiatry Oppositional Defiant Disorder resource center
   www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/Oppositional_Defiant_Disorder_Resource_Center/Home.aspx
Oppositional Defiant Disorder information from Mayo Clinic
   http://www.mayoclinic.org/diseases-conditions/oppositional-defiant-disorder/basics/definition/con-20024559
The Incredible Years training programs
   www.incredibleyears.com
Lives in the Balance
   www.livesinthebalance.org