Autism Resources

Information for Families

Books families may find helpful:

Websites families may find helpful:
- Autism Speaks
  www.autismspeaks.org
  (advocacy, diagnostic, treatment and support resources)
- Autism Center — University of Washington
  http://depts.washington.edu/uwautism
  (advocacy, diagnostic, treatment and support resources)
- ARC Washington State — Parent to Parent (peer mentorship program)
  http://arcwa.org/getsupport/parent_to_parent_p2p_programs

Resources for Teaching Social Skills

All Ages:
- The Social Skills Picture Book: Teaching Play, Emotion, and Communication to Children with Autism (2003), by Jed Baker (Future Horizons)

Preschool-Kindergarten:
- Do, Watch, Listen, Say (2000), by Kathleen Ann Quill (Thinking Publications)

Elementary Grades (1st through 4th):
- Social Star: General Interaction Skills (Book 1), Social Star: Peer Interaction Skills (Book 2), and Social Star: Conflict Resolution and Community Interaction Skills (Book 3), by Nancy Gajewski, Patty Hirn, and Patty Mayo (Thinking Publications)
- Comic Strip Conversations (1994), by Carol Gray (Thinking Publications)

Secondary Grades and Adolescents:
- Navigating the Social World: A Curriculum for Individuals with Asperger’s Syndrome, High Functioning Autism and Related Disorders (2001), by Jeanette McAfee, MD (Future Horizon)

Board Games and Online Games:
- 10 Say and Do Positive Pragmatic Game Boards (Super Duper Publications)
- The Non-Verbal Language Kit (ages 7-16, Linguisystems)
- http://do2learn.com (free games that teach about feelings and facial expressions)

Picture Exchange Communication System (PECS) resource:
- http://do2learn.com (has pictures that can be printed out for arranging a visual daily schedule)

This resource page is now available in Spanish at www.seattlechildrens.org/pal

Seattle Children’s
HOSPITAL • RESEARCH • FOUNDATION

PARTNERSHIP ACCESS LINE
Child Psychiatric Consultation for Primary Care Providers

PRIMARY CARE PRINCIPLES FOR CHILD MENTAL HEALTH