



## Nursing Professional Development & Outreach Education

### Suicide Prevention Course

January 14, 2019      May 13, 2019  
March 18, 2019      July 15, 2019  
October 21, 2019

8:00 am to 3:30 pm

Wright Auditorium  
Seattle Children's Hospital  
4800 Sand Point Way NE  
Seattle, WA 98105

*Seattle Children's is listed on the State of Washington's 2017 Model List as an approved Suicide Prevention training program for health professionals.*

#### Course Overview

The purpose of this course is to provide health professionals information about the complex nature of suicide, how to assess, determine risks, and the appropriate treatment and management for at-risk patients both in the healthcare setting and the community. This 6 (six) hour class meets the requirements for the State of Washington mandatory suicide prevention training for health professionals and will include the special needs of the pediatric population.

**Who Should Attend:** ([Link to DOH Suicide Prevention Training for Health Professionals](#)). For training requirements for your health profession, contact the program manager or executive director of your profession's board or commission.

- Registered Nurses (inpatient, outpatient, public health, school nurses, etc.)
- Advanced Registered Nurse Practitioners
- Licensed Practical Nurses
- Physicians and Physician Assistants

#### Course Content

- Introduction, Research/Statistics, Definitions, Cultural Considerations
- Suicide Assessment Including Practice and Documentation
- Treatment and Management of Suicide Risk
- Veterans at Risk
- Risk of Imminent Harm Through Self Injurious Behaviors or Lethal Means
- Resources for Healthcare Professionals

#### Instructors

**Sarah Caufield, BSN, RN-BC**, Charge Nurse, Psychiatry and Behavioral Health Unit, Seattle Children's  
**Laura Cutchins, BSN, RN-BC, MHE**, RN Mental Health Evaluator, Child Psychiatry Consultation, Seattle Children's  
**Erika Miller, BSN, RN-BC**, Clinical Practice Manager, Child Psychiatry Consultation, Seattle Children's  
**Maureen O'Brien, MHA, BSN, RN-BC**, Clinical Practice Manager, Psychiatry and Behavioral Health Unit, Seattle Children's  
**Jeovana Oshan, ARNP, PMHNP**, Nurse Practitioner, Psychiatry, Seattle Children's  
**Melody Parks, LMFT, CMHS**, Mental Health Evaluator, Child Psychiatry Consultation, Seattle Children's  
**Kashika Arora, B.A.**, Pediatric Mental Health Specialist, Psychiatry and Behavioral Health Unit, Seattle Children's

#### Planning Committee

**Sarah Caufield, BSN, RN-BC**, Charge Nurse, Psychiatry and Behavioral Health Unit, Seattle Children's  
**Laura Cutchins, BSN, RN-BC, MHE**, RN Mental Health Evaluator, Child Psychiatry Consultation, Seattle Children's  
**Erika Miller, BSN, RN-BC**, Clinical Practice Manager, Child Psychiatry Consultation, Seattle Children's  
**Maureen O'Brien, MHA, BSN, RN-BC**, Clinical Practice Manager, Psychiatry and Behavioral Health Unit, Seattle Children's  
**Elaina Robinson, MSN, RN-BC**, Director, Nursing Professional Development, Seattle Children's



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#### Course Objectives

At the completion of this course, participants will be able to:

- ❖ Describe the risks of suicide
- ❖ Discuss assessment tools/management/treatment of suicide
- ❖ Apply suicide risk assessments to case scenarios
- ❖ Describe veterans and suicide risk

#### Criteria for Successful Completion of Continuing Nursing Education Program

Participant will:

- ❖ Per Continuing Nursing Education Program requirements, **arrive no later than 10 minutes after course start time and attend the entire course. If you are late you will not be able to sign in and receive CNE credit for participation.** The CNE certificate is proof for the Nursing Care Quality Assurance Commission of passing the 6 hour required training. If you are unable to sign in within the allotted time, **we strongly recommend you reschedule to a later date.** We understand that transportation and parking can be challenging, so please plan accordingly.
- ❖ Sign or initial attendance sheet (WA RN License or SCH employee number required for nurse)
- ❖ Attend the entire presentation and complete the evaluation

#### Registration Fees

Seattle Children's Staff: .....No Fee  
 Community Healthcare Professional:..... \$100.00  
 Webinar Participant: ..... \$80.00  
*(Live attendance is highly encouraged however, if travel restrictions hinder the ability to attend in-person Webinar access is available for certain classes only)*

**Food & beverages are available for purchase at the hospital or bring a sack lunch**

#### How to Register

Seattle Children's staff, sign up in Learning Center    Community Healthcare Professionals: [seattlechildrens.org/outreach](http://seattlechildrens.org/outreach)

#### Transfer, Cancellation and Refund Policy

A cancellation/transfer fee of \$15 is charged for cancellations/transfers received up to two weeks prior to the event. Cancellations/transfers received within two weeks of the event will be issued a full refund minus a \$50.00 administrative fee. **We are unable to refund registration fees for cancellations received on or after the date of the conference.**

#### Accreditation

- Provider approved by the California Board of Registered Nursing, Provider Number 16541 for 6.0 Contact Hours (pending).
- None of the instructors, planners, or faculty/content specialists has any conflict of interest nor will be discussing any off-label product use.
- This class has no commercial support or sponsorship, nor is it co-sponsored.
- Any monies paid cannot be refunded for non-attendance.

#### Questions?

Contact: [NursingProfessionalDevelopment@seattlechildrens.org](mailto:NursingProfessionalDevelopment@seattlechildrens.org) or [OutreachEducation@seattlechildrens.org](mailto:OutreachEducation@seattlechildrens.org) (206-987-3200)