Seattle Children’s Continuing Medical Education

PEARL 2021

Pediatric Endocrine Association for Research and Learning (PEARL)

October 22-23, 2021
UW Center for Urban Horticulture
Seattle, Washington
PROGRAM

Friday, October 22, 2021

12:00 pm  Registration (snacks) –Meet Exhibitors

1:00 pm  Welcome  
  Parisa Salehi, MD; Alyssa Huang, MD; Cate Pihoker, MD

1:10 PM  PRISM in DM  
  Joyce Yi Frazier, PhD

1:45 pm  Kids are Not Just Big Mice: Lessons Learned from an Unusual Case of Childhood Obesity  
  Bruce Boston, MD

2:15 pm  BREAK – (Exhibitors)

2:55 pm  Diabetes in School Health (DiSH) Project ECHO: Development of a Collaborative Telemonitoring Program to Improve Diabetes Care in Schools  
  Allison Pollock, MD

3:15 pm  Case Report: Soto and HI  
  Radhika Purushothaman, MD

3:35 pm  Interesting Case  
  Carolina Silva, MD

3:55 pm  Things That You May Not Know About Congenital Adrenal Hyperplasia: Lessons Learned in Southern CAHlifornia  
  Mitchell Geffner, MD

5:00 pm  RECEPTION (Exhibitors)

6:00 – 8:00 pm  BUFFET DINNER
Saturday, October 23, 2021

7:30 am  Sign-In and Continental Breakfast – (Exhibitors)

8:30 am  Cushing Syndrome in Pediatrics
          
          Maya Lodish, MD

9:30 AM  The Interactions of Disordered Eating Behavior, Glycemic Control, and Adiposity on Hypothalamic Gliosis in Adolescents and Young Adults with Type 1 Diabetes
          
          Alyssa Huang, MD

9:50 AM  Three Sisters and an Only Child: A Rare Finding in the Course of Congenital Hypothyroidism
          
          Karen Selva, MD

10:10 AM  Disparities in Diabetes Technology in Youth and Type 1 Diabetes
          
          Jennifer Bracamontes, MD

10:30 AM  BREAK – (Exhibitors)

11:00 AM  Interdisciplinary Model for Meeting the Healthcare Transition and Mental Health Needs of Adolescents and Young Adults with Diabetes: The University of Washington Approach
          
          Faisal Malik, MD

11:35 AM  Interesting Clinical Case
          
          Dan Metzger, MD

12:10 pm  Business Meeting

12:25 pm  Closing Remarks
Course Description
PEARL 2021 brings together Northwest Pediatric Endocrinologists to discuss and review latest updated scientific information in the areas of endocrinology research, to utilize best practices for diagnosing and managing their pediatric patients; and to evaluate interesting cases seen in their pediatric practice leading to protocols that are diagnostically and therapeutically effective for improving patient outcomes.

Who Should Attend
- Pediatric endocrinology health care providers including nurses, pediatric endocrinology fellows and residents.

Course Location
UW Center for Urban Horticulture – NHS Hall
3501 NE 41st Street
Seattle, WA 98105

Link to Website: https://botanicgardens.uw.edu/center-for-urban-horticulture/

Course Objectives
Endocrinology specialists will be able to:
- Discuss and review latest updated scientific information in the areas of endocrinology research to utilize best practices for diagnosing and managing their pediatric patients; and
- Evaluate interesting cases seen in their pediatric practice leading to protocols that are diagnostically and therapeutically effective for improving patient outcomes.

Planning Committee
Parisa Salehi, MD
Endocrinology and Diabetes, Prader-Willi Syndrome, Gender Clinic, Congenital Adrenal Hyperplasia Program, Seattle Children’s; Assistant Professor of Pediatrics, University of Washington School of Medicine

Alyssa Huang, MD
Acting Assistant Professor of Pediatrics, University of Washington School of Medicine
Endocrinology and Diabetes, Seattle Children’s

Kathie Kohorn
Program Manager, Continuing Medical Education, Seattle Children’s

Emily Rice
Program Manager, Continuing Medical Education, Seattle Children’s

Accreditation (applicable for nursing CEU’s)
Seattle Children’s is accredited by the Washington State Medical Association to provide continuing medical education for physicians.

Seattle Children’s designates this live educational activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 6.5 hours of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.
Keynote Speakers

Mitchell Geffner, MD
Co-director, CAH Comprehensive Care Clinic; Attending Physician
Professor of Pediatrics, Keck School of Medicine of USC

Maya Lodish, MD, MHSc
Selna L. Kaplan Chair Distinguished Professorship in Pediatric Endocrinology/Diabetes
Professor of Pediatrics, University of California, San Francisco

Additional Faculty

Bruce Boston, MD
Professor of Pediatrics, Division of Endocrinology, School of Medicine, OHSU

Alyssa Huang, MD
Acting Assistant Professor of Pediatrics, University of Washington School of Medicine
Endocrinology and Diabetes, Seattle Children’s

Faisal Malik, MD, MSHS
Assistant Professor of Pediatrics, University of Washington
Endocrinology and Diabetes, General Pediatrics; Seattle Children’s

Dan Metzger, MD
Clinical Professor, Division of Endocrinology, Department of Pediatrics, Faculty of Medicine,
University of British Columbia; Endocrinologist, BC Children’s Hospital

Allison Pollock, MD
Assistant Professor of Pediatrics, University of Washington
Endocrinology and Diabetes, Congenital Adrenal Hyperplasia Program; Seattle Children’s

Radhika Purushothaman, MD
Adolescent Medicine
Sea Mar Community Health Center; Seattle Children’s

Karin Selva, MD
Pediatric Endocrinology, Randall Children’s Hospital at Legacy Emanuel

Carolina Silva, MD
Clinical Fellow, Endocrinology & Diabetes, BC Children’s Hospital

Joyce Yi Frazier, PhD
Senior Clinical Research Scientist, Clinical and Translational Research at Seattle Children’s Research Institute; Obesity Program, Seattle Children’s
Registration, Refund, and Cancellation Policy

You must pre-register. We do not accept telephone registrations.

Refunds and Changes:

• **Online Registrations**: Please make note of your online registration ID number in your confirmation email. If you need to cancel or edit your registration, click the registration link in your confirmation email, and use your ID number to access your registration directly. You will see refund on your original credit card for all but a $20 administrative fee.

• **Mail or Email Registrations**: If you need to cancel please log back in to your online registration and follow instructions. If you have any issues, please send an email to Emily Rice at Emily.Rice@seattlechildrens.org.

Hotel Accommodations

Please make your own hotel reservations. The following two hotels are located near the conference center and are offering a discounted rate:

• **University Silver Cloud Inn**
  
  **Online Reservations**
  • Please click on the link: [PEARL Conference 2021](#)
  • On the left-hand side of the screen please select the desired arrival and departure dates and the number of guests.
  • Click on "Search for Availability"
  • Then Click on "Reserve" for the room type you prefer. It will take you to a page where guests can enter all their information.
  • Finally, Click on "Make a Reservation" and your guests should receive a reservation confirmation email shortly thereafter.

  **Phone Reservations**
  • Call hotel directly at (206) 526-5200 or 1 (800) 205-6940 and ask for the "PEARL Conference 2021" account and the guest services agent will be able to assist with the reservation.

• **Watertown Hotel**
  
  **Online Reservations**
  • Please click on the link.

  **Phone Reservations**
  • Call hotel directly at (206) 826-4242 and ask for the "PEARL Conference 2021" account and the guest services agent will be able to assist with the reservation.
REGISTRATION

PEARL 2021

PRE-REGISTRATION REQUIRED by noon October 20, 2021

Course Fee: (includes instructional materials and CME credit):

☐ General Registration $100
☐ Student/Fellows FREE

Friday Dinner – Please check box if you plan to attend
☐ YES

Guest Friday Dinner Only
☐ YES, additional payment $40

On-line registration at: www.seattlechildrens.org/cme

Complete and return this form by mail for receipt no later than noon October 20, 2021:

MAIL: Seattle Children’s CME
P.O. Box 5371, Mail Stop 110-02
Seattle, WA 98145-5005
Email: Emily. Rice@seattlechildrens.org

PLEASE PRINT

Name: ___________________________________________________________

Degree/Specialty: ________________________________________________

Company/Organization and City/State: ________________________________

Email: __________________________________________________________

PAYMENT:

☐ Check Enclosed. Payable in US funds to: Seattle Children’s CME

☐ VISA ☐ MasterCard ☐ American Express

Card Number: ___________________________ Expiration Date: ___________ CVV: ______

Billing Address: __________________________________________________

Phone Number: ________________________________

Refunds and Changes: If you need to cancel or edit your registration, please contact Emily Rice, emily.rice@seattlechildrens.org. You will see refund on your original credit card for all but a $20 processing fee. Refunds are allowable until October 20, 2021.