Algorithm for Patients With New Onset Diabetes

Patient seen by PCP/ED
Glucose, ketones/BOHB, VBG
Glucose >200

No or small ketones
Outpatient Day 1 education in 1 to 3 days
Reassess BG and BOHB on arrival to clinic Day 1, VBG if indicated

Moderate-large ketones
To ED to assess for DKA

If no acidosis:
• If Monday - Thursday: may give Lantus, fluid and discharge home for outpatient education the next morning.
• If Friday/weekend: Admit for medical management and inpatient education

If acidosis

Age <5 years, DKA, vomiting, complex medical or social
Hospitalization, medical management and inpatient education