

Women's Swim Lessons and Programs

Below is a schedule of programs offered in the Seattle area. Information is subject to change. Call the pool for current information.

Pool	Swim Lessons and Cost		Open Swim and Cost		Ages Allowed	Boys Allowed	Scholarship Available*
Meadowbrook (206) 684 - 4989	Saturdays 6:45-8:00 p.m.	\$35 for 5 lessons Regular admission	Saturdays 6:45 to 8 p.m.	\$2	12 and older	No	No Discount swimming for those who qualify
Rainier Beach (06) 386 - 1925	Sundays 5:30 to 6:30 p.m.	\$7 per lesson	Sundays 4:30 to 5:30 p.m.	\$5.50 for 18 and older. \$3.75 for under 18 and over 64	All ages. 6 and younger must be with an adult	Yes, ages 3 and younger	Yes \$2.00 discount for low income
Southwest (206) 684 - 7440	Saturdays 3:30 to 4 p.m.	Varies. Contact pool for information.	Saturdays 2:30 to 3:30 p.m.	\$2	12 and older	No	Yes
West Seattle YMCA** (206) 935 - 6000	Sundays 6:00-8:00 p.m.	N/A	Sundays 6:00-8:00 p.m.	\$5 (free for members) No cost in the summer	All ages	No	No
Tukwila (206) 267 - 2350	Sundays 4:30 to 5 p.m.	Varies. Contact pool for information	Sundays 4:30 to 5 p.m.	\$6 adults \$3 youth	All ages	No	Yes Tukwila residents only Only for swim lessons
Kent Meridian (253) 854-9287	No lessons	N/A	1st and 3rd Saturdays of the month 2:30 to 4:30 p.m.	\$2	All ages, 7 and younger must be with an adult	Yes, ages 7 and younger	No
Matt Griffin YMCA (206) 244 - 5880	No lessons at this time		2nd and 4th Saturdays 6:30 to 8:30 p.m.	\$5 for non-members	All ages	Yes, ages 5 and younger	No

*Bring your most recent 1040 tax form to apply for scholarships.

** West Seattle YMCA allows first 30 people in the pool. Doors open at 5:45pm.

