

Women's Swim Lessons and Programs

Below is a schedule of programs offered in the Seattle area. Information is subject to change. Call the pool for current information.

Pool	Swim Lessons and Cost		Open Swim and Cost		Ages Allowed	Boys Allowed	Scholarship Available*
Meadowbrook (Re-opening July 29, 2019) (206) 684 -4989	Saturdays 6:45 to 8 p.m.	\$35 for 5 lessons Regular admission	Saturdays 6:45 to 8 p.m.	\$2	12 and older	No	No. Discount swimming for those who qualify
Rainier Beach (206) 386 - 1925	Sundays 5:30 to 6:30 p.m.	\$7 per lesson	Sundays 4:25 to 5:25 p.m.	\$4.00 for 1 - 7 years of age. \$6.00 for 18 - 64. \$4.00 age 65+	All ages. 6 and younger must be with an adult	Yes, ages 3 and younger	Yes.* \$2.00 discount for low income
West Seattle YMCA** (206) 935 - 6000	1st and 3rd Sundays 6 to 8 p.m.	N/A	1st and 3rd Sundays 6 to 8 p.m.	\$5 (free for members)	All ages	No	No. YMCA discounted membership for those who qualify.
Tukwila (206) 267 - 2350	Sundays 3:30 to 4:10 p.m.	Varies. Contact pool for information	Sundays 3 to 4:30 p.m.	\$6 adults \$3 youth	All ages	No	Yes.* Tukwila residents only; for swim lessons specifically.
Matt Griffin YMCA (206) 244 - 5880	No lessons at this time	N/A	Mondays 6:30 to 7:30 p.m.	\$5 for non-members	All ages	Yes, ages 5 and younger (free)	No. YMCA discounted membership for those who qualify.

*Bring your most recent 1040 tax form to apply for scholarships.

** West Seattle YMCA allows first 30 people in the pool. Doors open at 5:45pm.



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