

Family Resource Center

Providing support, information and education

Open 24 hours a day

Level 7, River zone | 206-987-2201



Basic Needs



Kitchen

With microwave,
free coffee and tea



Toiletries

Toothbrushes,
shampoo and more



Laundry

With soap provided



Showers

Private showers with
soap and towels



Resource cart

Get hot drinks,
hospital information
and toiletries each
weekday in your
child's unit



Car seat program

Education and
hands-on car seat
instruction

1 of 2

To Learn More

- Family Resource Center
206-987-2201
- Ask your child's healthcare
provider
- seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free
Family Interpreting Line, 1-866-583-1527.
Tell the interpreter the name or extension
you need.



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Technology Needs



Computers

Computers, wireless internet (WiFi)



Business services

Printing, faxing, scanning



Phone chargers

Cell phone and device chargers

Relaxation and Activities



Massage

Parents and caregivers can book online



Family room

TV room, quiet seating area



Activities

Local resources, tickets to attractions

Info and Services



Hospital and health information

About diseases, conditions, safety, and more



Parent support groups and info

About caregiver classes, online forums, community resources



Patient and Family Relations

Call if your care team is unable to resolve a concern: 206-987-2550



Financial counseling

Call to meet with a financial counselor: 206-987-3333

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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