

What to Wear for X-ray



This is what the x-ray room looks like

We will need to do an X-ray of your child as part of their clinic visit. Wearing the right clothes for the type of X-ray being done is vital for getting an accurate image.

Please plan to dress your child using these guidelines. Arriving for your visit in the right clothes will also help your child's clinic visit go more smoothly and quickly.

If your child is not able to dress in the requested clothing, we will ask your child to change into a hospital gown.

Types of X-ray

Spine: plain T-shirt (no logo), sweat pants, and bras with no metal or hard plastic are OK. (Sports bras are OK). Otherwise, patient will wear a gown.

Femur (thigh)/knee: underwear and shorts with no metal are OK. Otherwise, patient will wear a gown.

Tibia/Fibula: shorts or sweat pants are OK. Leg must be visible from upper thigh to ankle or patient will wear a gown.

Humerus (upper arm)/shoulder: plain T-shirt (no logo). Bras with no metal or hard plastic are OK. Otherwise patient will wear a gown over pants, shorts or skirt.

Elbow: shirts are OK if sleeves can be pushed up to shoulder.

To Learn More

- Orthopedics
206-987-2109
- Ask your child's healthcare provider
- seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.



Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201. This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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