

Hibiclens Bathing and Antibiotic Ointment Instructions

Follow these instructions to help prevent surgical site infections.

What are we doing to prevent surgical site infections?

We take many precautions to prevent infections, including:

- Having all operating room staff clean their hands and arms up to their elbows right before surgery
- Giving your child antibiotics, for some procedures, before the surgery
- Cleaning your child's skin at the surgery site with special soap that kills germs

How can I help prevent surgical site infections?

Your child's skin needs to be as free of germs (bacteria) as possible before their surgery or procedure. Washing the skin with a special soap called Hibiclens (chlorhexidine gluconate) can greatly reduce the number of germs on the skin. This can help prevent infection. Some patients may need to use an antibiotic ointment called Bactroban (Mupirocin) in the nostrils. Hibiclens and Bactroban are medicines. Use them only as instructed by your healthcare provider. **Follow the checked instructions below.**

Bathe with Hibiclens the night before surgery

- Help your child shower or bathe with Hibiclens soap the night before the surgery. Follow the instructions in this handout.

Give the bath on _____
(day) (date)

Bathe with Hibiclens and use antibiotic ointment

- Starting 5 days before surgery, apply Bactroban (Mupirocin) ointment in the nostrils 2 times a day for 5 days. Follow the instructions in this handout.
- Starting 2 days before the surgery, help your child shower or bathe with Hibiclens soap daily. Follow the instructions in this handout.

Start the ointment on _____
(day) (date)

Start the baths on _____
(day) (date)

Hibiclens Bathing and Antibiotic Ointment Instructions

Bathe with Hibiclens and use antibiotic ointment (History of MRSA infection)

- Help your child shower or bathe with Hibiclens soap daily for 5 days before the surgery. Follow the instructions in this handout.
- Apply Bactroban (Mupirocin) ointment in the nostrils 2 times a day for 5 days before the surgery. Follow the instructions in this handout.

Start the baths and ointment on _____
(day) (date)

Bathing or showering steps

Hibiclens is a brand name for a soap called chlorhexidine gluconate (CHG). Do not use Hibiclens if your child has had an allergy to it such as a rash or swelling. If you misplace your packet, you can get Hibiclens soap at most large pharmacies.

Please follow these instructions for cleaning your child's skin:

1. In the shower or tub, wash the body with regular soap and water first. Wash the hair as usual with your normal shampoo.



2. Rinse the hair and body really well to remove all soap and shampoo.

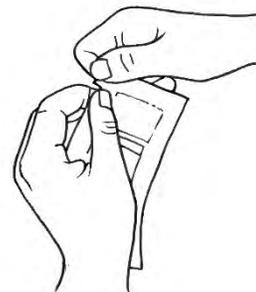


3. Turn water off to avoid rinsing the Hibiclens off too soon. Drain the tub or remove your child from the water.

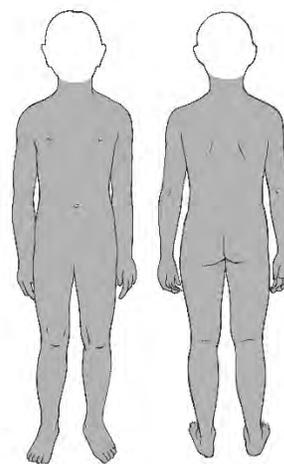


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4. Using a clean washcloth apply the Hibiclens soap to your child's entire body from the neck down. **Do not** use Hibiclens above the neck, especially on the face, near the eyes or ears to avoid permanent injury to those areas.



5. Wash the body gently for 1 minute, paying special attention to the area where the surgery or procedure will be done (unless your child is having surgery on their head).



Wash all of the body shaded in gray. Do not wash above the neck.

6. Turn the water back on and rinse the body really well. Do not wash with regular soap after the Hibiclens is used.



7. Pat your child dry with a clean, soft towel.
8. Do not put lotions, powders or oils on your child's skin after bathing.
9. Do not use make up or deodorant after the last Hibiclens bath the night before surgery.



To Learn More

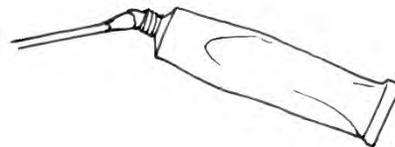
- Surgery Center
206-987-2045
- Outpatient Procedure
Center 206-987-5533
- Bellevue Surgery
Center 206-884-9200
- Ask your child's
healthcare provider
- seattlechildrens.org

Free Interpreter Services

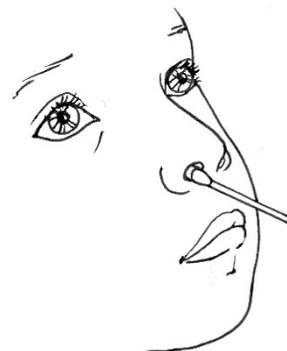
- In the hospital, ask
your child's nurse.
- From outside the
hospital, call the
toll-free Family
Interpreting Line
1-866-583-1527. Tell
the interpreter the
name or extension you
need.

Bactroban (Mupirocin) Ointment Steps

1. Put a small amount of Bactroban (Mupirocin) antibiotic ointment on one end of a cotton-tip swab (Q-tips).



2. Apply the medicine all around the inside of one nostril, not going too deeply. Only the cotton tip should go in the nostril.



3. Then, put the ointment on the other (unused) end of the cotton-tip swab, and apply the medicine inside the other nostril. Only the cotton tip should go in the nostril.

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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