Adrenal Insufficiency Emergency Response Card
Give to EMS or local Emergency Room provider

Triage and room patient immediately!

Obtain vital signs, start IV, check blood glucose, electrolytes, & blood pressure

Administer IV hydrocortisone:
- Age 0-3 years old give 25 MG stat
- Age 3-12 years old give 50 MG stat
- Age over 12 years old give 100 MG stat

If unable to place IV within 15 minutes, give hydrocortisone intramuscularly

Give 20cc/kg ns bolus and start D5NS iv fluids

Page Seattle Children’s Hospital endocrinologist on-call 206-987-2000