Influenza can cause serious illness in children with nephrotic syndrome. The flu vaccine helps protect them.

The flu vaccine is the best way to protect your child from serious consequences of the flu.

Children with nephrotic syndrome are at higher risk of getting infections like the flu.

- Their kidneys may be losing proteins that are important for fighting infections if their nephrotic syndrome is active.
- The medicines they need for treatment of their nephrotic syndrome could make it more difficult for their body to fight infections.

Flu can cause more serious health problems in children with nephrotic syndrome.

Viral infections, like the flu, are a common trigger for relapses of nephrotic syndrome. Getting the flu vaccine can reduce the chances of your child having a relapse because of the flu.

Questions? Visit us online at seattlechildrens.org/clinics/nephrology, or call 206-987-2524 for information or to make an appointment.