

How to Make a Splint

Instructions for home

Once you remove your child's cast, they may need to use a splint. The splint will support your child's arm as they transition from the cast.

Follow the next steps to make a splint using the bottom part of your child's cast.

What do I need

- The bottom part of the cast
- Ace bandage and sling the clinic provided for you at your last visit



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To Learn More

- Orthopedics
206-987-2109 Opt. 4
- Ask your child's healthcare provider
- seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.

How to make a splint

- Place your child's arm in the lower part of the cast and wrap it with ace bandage



Do not wrap ace bandage around your child's arm so tight as to cause pain, tingling or swelling of the fingers. Tension should be no more than pulling on socks



- Cover the arm completely with the ace bandage



- Place the arm in the sling provided by the clinic. Your child should wear it at all times



Splint care

Please remove **your child's** splint daily before bathing to check the skin or if otherwise instructed by your healthcare provider.