

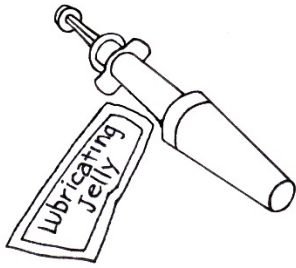
How to Give Diastat

A rectal medication to stop seizures

What is Diastat?

Diastat is diazepam rectal gel. You give it to your child if their **seizure has lasted more than 4 minutes** or as prescribed by your provider. The rectum is just inside the anus, the hole where poop (feces) comes out.

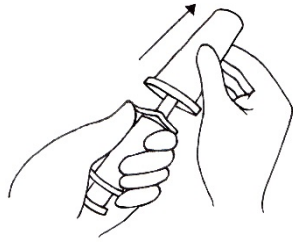
How do I give Diastat to my child having a seizure?



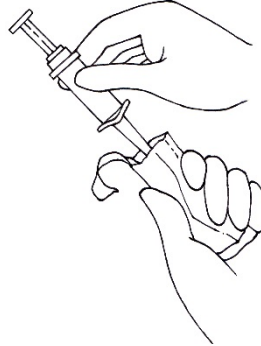
Get your supplies ready.

- Diastat syringe
- Lubricating jelly
- Watch, stopwatch or timer on cellphone

Note the time the seizure started or start a timer.



Push the cap up with your thumb to remove it. Be sure the seal pin is removed with the cap. The seal pin is inside the cap.



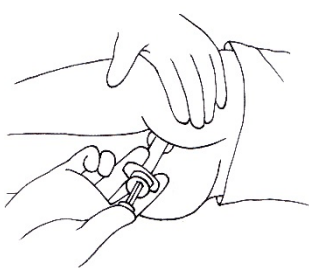
Dip the syringe into the packet of lubricating jelly.



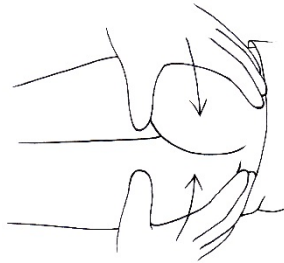
Turn your child on their side facing you.



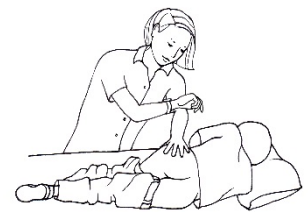
Pull down your child's pants and underwear. Bend the upper leg forward. Separate the buttocks to expose the anus.



Gently insert the syringe tip into the rectum. Make sure the rim of the syringe is snug against the anus. Slowly count to 3 as you push the plunger until it stops.



Slowly count to 3 before removing the syringe. Then slowly count to 3 while holding the buttocks together to prevent leakage.



Keep your child on their side facing you. Note the time, dose given and how long the seizure lasts. Continue to observe, and call if you notice problems.

1 of 2

To Learn More

- Neurology
206-987-2078
- Ask your child's healthcare provider
- seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.

What should I write down to tell my child's provider or 911?

Please call your provider the first time you give Diastat at home.

- Dose given (see package): _____
 - Time Diastat given: _____
 - Length of seizure: _____
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Call 911 if any of the following happen

- Seizures continue **5 minutes after you gave Diastat.**
Call 911 while the seizure is still happening or _____ (local emergency number).
 - Seizure behavior is different from other episodes.
 - You are alarmed by:
 - The seizures are more severe.
 - More seizures than usual.
 - The color or breathing of your child.
 - Other unusual or serious problems.
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Whom should I call after the seizure ends?

After the seizure has ended, call your provider.

Name _____

Number _____

How do I dispose of the materials?

- Do not reuse.
 - Discard all materials in a garbage can.
 - Keep garbage away from children and pets.
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