Insulin Dose Calculations Worksheet

**Meal __________________**

Carbs eating _______ ÷ _______ (carb ratio) = _______ Dose for food

BG now _______ - _______ (target) = _______ ÷ _______ (correction factor) = _______ Dose for BG

**Total insulin dose _____ units**

If it has been less than 3 hours since last Humalog/NovoLog injection do not give insulin for high blood sugar. Cover carbs only.

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