### **Pancreatic Disease Monitoring**

### Share your child's symptoms

When your child has pancreatitis, it is important to let your child's doctor know if your child has had any:

- Recent hospital admissions
- Possible pancreatitis episodes your child has had at home
- ☐ Oily poops (stools)
- Stomach pain
- Nausea or vomiting
- Weight loss

# Monitor your child's pancreas with tests

Tests your child may have to monitor the pancreas include:

- Pancreatic and liver function tests
- ☐ Imaging such as ultrasound or MRI
- ☐ Check of vitamin levels A, D, E and K
- ☐ Diabetes check hemoglobin A1C

## Things to bring to your child's clinic visits

Things to bring to your child's clinic visit include:

- ☐ List of all medicines and supplements your child is taking
- ☐ 3-day diary of all food and liquid intake
- Symptom diary
- ☐ List of your questions and concerns

#### To Learn More

- Gastroenterology 206-987-2521
- Ask your child's healthcare provider
- seattlechildrens.org

#### Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line,
   1-866-583-1527. Tell the interpreter the name or extension you need.



Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201. This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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