



Your Options for Organic, Whole Foods-Based Formulas

Options for organic, whole foods-based formulas while your child is at Children's

What are my options for organic, whole foods-based formulas while my child is here?

Nutrition is a vital part of health and healing. We partner with families to ensure that our patients have access to formulas that fit their medical and nutritional needs.

Here are some formula options for your child:

- Your child's dietitian can work with you to create a blended formula made from whole foods in our kitchen.
- You can bring in your own home supply of Nourish, Liquid Hope or other approved formula of your preference. Talk with your healthcare provider about the specific formula before giving it to your child.
- You can also choose to bring in your own home-blended formula.

To Learn More

- Nutrition
206-987-4758
- Ask your child's healthcare provider
- www.seattlechildrens.org

How do we decide what formulas are available?

We choose formulas based on clinical evidence with a goal of providing all of our patients and families with high quality options. We no longer carry Nourish or Liquid Hope because there is no clinical evidence that these formulas offer more benefit or better patient outcomes than standard formulas.

Free Interpreter Services

- In the hospital, ask your child's nurse.
- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.

Who can I talk to if I have questions?

Talk with your child's healthcare team if you have any questions about feeding formula options during your child's stay.

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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