

Epilepsy Monitoring Unit

Family and Visitor Guidelines

What is the Epilepsy Monitoring Unit?

The Epilepsy Monitoring Unit (EMU) is a special unit at Seattle Children's for inpatient EEGs. To keep your child safe and get the most information about your child's events while on this unit, there are special guidelines to follow.

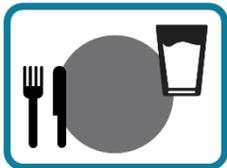
For more information about hospital visiting hours, food and parking, see our Main Campus Visitor and Family Guide at www.seattlechildrens.org/visitors.

Communication



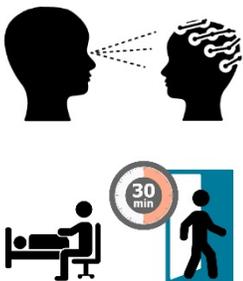
- Cell phones and tablets must be on airplane mode for the entire length of your stay.
 - Using wireless (Wi-Fi) is OK. We have free high-speed internet called SCH-Guest. Wi-Fi access is available in all inpatient rooms and throughout the hospital. It does not require a password.
 - You can make local and toll-free calls using the phone in your child's room. Consider bringing a pre-paid phone card to make long-distance calls.
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Food



- We will provide all meals for your child while they are here. You will order through our on-demand room service.
 - Parents and other family members are responsible for their own meals. You can purchase food delivered to your child's room through room service or bring your own food. There is a shared refrigerator in the family lounge on the unit.
 - If your child is in isolation because of an infection or a germ living in their body that could be spread easily to others, your family cannot go into the family lounge. Your nurse can help you put food from home in the refrigerator and get it for you when you need it. However, after it has been in your child's room, it cannot go back into the refrigerator. For this reason, it may be helpful to pack food in smaller containers.
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Supervision for your child



- A caregiver or parent must remain with your child at all times. Any adult staying with your child must be able to recognize your child's seizures.
 - We can only provide 1 break, up to 30 minutes a day as needed.
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To Learn More

- Neurology
206-987-2078
- Ask your child's healthcare provider
- seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.

Epilepsy Monitoring Unit Family and Visitor Guidelines

Family members and visitors



- Parents, guardians or caregivers may be with their child anytime.
- Siblings, family and friends may visit between 8 a.m. and 8 p.m.
- There is room for 2 adults to sleep at bedside on a sleeper chair or a couch. Siblings and visitors may not stay overnight.
- Only 3 visitors are allowed in the room at a time. Additional visitors may wait in the family lounge area.

Activities and clothing



- Your child must stay in the room at all times. They can walk around the room and go to the bathroom as needed.
- It is helpful to bring your child's favorite toys and activities from home.
- All electronic items must be battery-operated. Your nurse will show you where you can charge batteries using special designated outlets in the room.
- Child Life specialists and volunteers are available to help with additional activities for your child.
- Your child will not be able to shower while they are hooked up.
- Your child must wear tops that button, zip or tie (nothing that goes over their head). We can give you a hospital gown or you can wear clothing you bring from home.

Medicines



- Bring your child's medicines from home so your provider can confirm their current medication plan. After this check, please keep all of the medicines from home stored away and talk with us if you have any questions.
- To keep your child safe, all medicine that your child gets while in the hospital **must**:
 - Come from the hospital pharmacy OR be approved by the hospital pharmacy
 - Always be given with your nurse present