

Parent Support Program

For families with children who have special health needs



Families often express how helpful it is to talk with another caregiver who has had similar experiences. Seattle Children's Parent Support Program is here to connect you with a support caregiver who has been where you are.

How does the program work?

We connect families who are just learning about their child's health needs with a support caregiver who has experience with their own child. Connections primarily take place over the phone and provide:

- Emotional and non-judgmental support
- Practical information and community resources
- A sense of community

Will you always have someone available to connect me with?

Some of the medical conditions we see are very rare, so we may not be able to find someone whose child has the same condition. However, we will look for a supportive match who has had a similar experience with a different diagnosis.

How do I get connected with someone in the Parent Support Program?

Contact our program coordinator at 206-987-1119 or email parentsupportprogram@seattlechildrens.org. We will ask you to share what your journey has been like so far at Children's, what your treatment plan is, and what is important to you in a supportive match.

How do I volunteer to become a support caregiver?

Contact the Parent Support Program coordinator at 206-987-1119 or email parentsupportprogram@seattlechildrens.org. We will talk about requirements and trainings.

To Learn More

- Parent Support Program
206-987-1119
- Ask your child's healthcare provider
- seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.



Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201. This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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