

# Room Service: Made for You



## How to order food for patients

### Call 7-MENU (7-6368)

from a hospital phone to place your order, or 206-987-6368 from a regular phone. You can call even if you do not have a menu.

- Order between 6 a.m. and 9 p.m.
- Breakfast is served all day.
- Lunch and dinner are available starting at 11 a.m.
- Please allow 45 minutes for food delivery.

You may pre-order your meals and request a delivery time. We will deliver as close to that time as possible.

All menu items and preparation methods meet the needs of patients on the immunosuppressed diet. Our call center staff can help you choose meals or modify items to meet food allergy or diet restrictions.

## Healthy, Healing, Made for *You*

Seattle Children's offers meals that nourish and heal. Our chefs source and prepare whole foods from scratch.

We are committed to:

- Meats raised without the use of antibiotics.
- Locally grown, seasonal organic produce.
- Local, cage-free eggs and hormone-free dairy products.
- Sustainable fish and seafood.
- The sustainability of our environment.  
We compost 100% of our food waste in our kitchen.

Our food is made on demand and made for you. Enjoy!

Your feedback is welcome at [nutrition@seattlechildrens.org](mailto:nutrition@seattlechildrens.org).

### Need an interpreter?

Please call 7-MENU  
and let us know.



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