Feeding First Steps: Parent Education Class

At the Pediatric Feeding Program

Who should attend?
Parents of children with feeding difficulties who are referred to the Pediatric Feeding Program at the Autism Center and who are either:
• G-tube or liquid dependent
• Selective eaters (with or without autism spectrum disorder)
• Having difficulty transitioning to textured foods

How long is the class and what does it cover?
This parent class meets once a week for 4 weeks. Each session is 1 hour. The focus will be on learning:
• What causes and maintains feeding difficulties
• Strategies to improve eating

Where does the class take place?
The class is offered at Seattle Children's Autism Center. The address is 4909 25th Avenue NE Seattle, WA 98105.

How much does it cost?
The cost is $15 for each class. You will receive a separate bill in the mail for each class. If you have Medicaid, you do not have to pay for the classes.

How do I register?
Please ask your provider to make a referral for the class at the Autism Center. You can then register for the next class series calling the Autism Center at 206-987-8080, option #1.

Please note: this class is only for parents and childcare is not provided.