

Formula for Your Child

When staying overnight at Seattle Children's

To keep your child safe while they are a patient at Seattle Children's, we ask that you use formula we have in the hospital. It is Children's policy to prepare all formulas in our formula room.

Can I bring my child's formula from home while we are staying at Children's?

Children's policy is to give your child formula from the hospital. Our Nutrition Department has many formulas for specific medical needs. We call these "formulary formulas."

By using our formulas, your child will have safer and faster access to feedings. We have standard steps in place to order and prepare formulary formulas in our sterilized mixing room. We bring them to your child to avoid contamination. Many of our formulas are available as soon as your child's provider orders them.

Do you carry my child's brand of formula?

Ask your healthcare team whether we have your child's brand. Because there are so many formulas available today, we cannot carry every brand of formula. Many formulas are very similar to each other, and most children are able to tolerate different brands.

Here are some of the most common formulas we have:

Infant:

- Earth's Best Organic: standard-term infant formula made with organic ingredients
- Enfamil ProSobee: soy protein-based infant formula
- Gerber Good Start Gentle: low-lactose infant formula
- Similac Advance: standard-term infant formula
- Similac Expert Care Neosure: post-premature infant formula
- Similac Sensitive: low-lactose infant formula

Pediatric:

- PediaSure: standard cow's milk-based formula for children over age 1
- Compleat Pediatric: standard cow's milk based formula, containing chicken, fruits and vegetables, for children over age 1

We have many more formulas available in our formulary.

If you have concerns about switching formulas due to allergies or sensitivities, please share these concerns with your healthcare team. We will work with you to find the best option for your child.

To Learn More

- Nutrition
206-987-4758
- Ask your child's
healthcare provider
- www.seattlechildrens.org

Free Interpreter Services

- In the hospital, ask
your child's nurse.
- From outside the
hospital, call the
toll-free Family
Interpreting Line
1-866-583-1527. Tell
the interpreter the
name or extension
you need.

Can I mix my child's formula in their hospital room?

No. Children's policy is to prepare all formulas in our formula-mixing room in the hospital kitchen. We keep this area clean and safe to prevent the spread of infection. Mixing formula in patient rooms puts your child at risk for food-borne illness from the many pathogens found in hospitals.

What if Children's does not have the formula I want?

Please talk with your healthcare team to find a formula that will meet your child's needs. If your child cannot have any of the formulas in our formulary, we will work with you to figure out another option.