# Uroflow Tests

## What is a uroflow test?
A uroflow test helps your child’s provider learn more about how much your child’s bladder holds. It also measures how fast and how long pee (urine) takes to come out.

## How is the test done?
- During the test, your child will pee into a special toilet that is connected to a computer.
- Your child can sit or stand, whatever is more comfortable.

## What is a bladder ultrasound?
A bladder ultrasound measures the amount of pee in your child’s bladder after your child urinates. Ultrasounds use sound waves to view and make pictures of parts of the body. This test is done after a uroflow test, if needed.

## How is the test done?
A medical assistant puts gel on the skin of your child’s lower belly (lower abdomen/pelvic area).

The medical assistant will then move a small wand (transducer) over the gel. The transducer uses high-frequency sound waves to send messages, which the computer makes into images. For more information about how to prepare your child for an ultrasound, read our handout “Ultrasound” www.seattlechildrens.org/pdf/PE667.pdf.

A bladder ultrasound usually takes about 15 minutes.

## How do I prepare my child for the test?
- Talk to your child about the test, so they know what to expect.
- Encourage your child to drink plenty of water for 1 hour before the test.
- Do not allow your child to go pee for 1 hour before the test.

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**To Learn More**
- Urology
  206-987-2509
- Ask your child’s healthcare provider
- seattlechildrens.org

**Free Interpreter Services**
- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.

Seattle Children’s offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children’s will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201. This handout has been reviewed by clinical staff at Seattle Children’s. However, your child’s needs are unique. Before you act or rely upon this information, please talk with your child’s healthcare provider.

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