

Middle School Life (After Cancer)

This group is for middle school students that have completed treatment for cancer or a brain tumor. You must have had one individual meeting with Dr. Joanna Patten in order to attend the group but do not need to be in ongoing therapy. A parent group is offered at the same time as the patient group.

How long is the group and what does it cover?

The group meets for 8-10 one-hour sessions. You will learn and practice skills that will help you with issues that can come up after cancer treatment ends.

Coping skills

Learn to understand and manage common thoughts and feelings that can arise after cancer or brain tumor treatment.

School issues

Learn about common accommodations, strategies, and supports that can be helpful at school.

Friend and family issues

Connect with peers around issues with navigating friendships and family relationships after treatment.

Health issues

Learn about managing common issues that arise after cancer or brain tumor treatment.

Where and when does the group take place?

Groups will be held at Seattle Children's Hospital Psychiatry Clinic on Tuesday early evenings, beginning in February 2020.

How much does it cost?

Your insurance will be billed for each session you attend. We recommend that you call your insurance to find out if the group is covered and how much you need to pay if the full amount is not covered. The code billed for the patient group is: 90853 group psychotherapy. The parent group will not be billed.

How do I register?

If you have already met with Dr. Patten, call 206-987-2164, option #1 to get scheduled for the group. If you have not met with Dr. Patten, talk to your Hematology/Oncology provider and ask them to **place a referral for the Life After Cancer group**. You will then be contacted to schedule an individual meeting with Dr. Patten prior to the group.

To Learn More

- Psychiatry and Behavioral Medicine
206-987-2164
- Ask your child's healthcare provider
- seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.



Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201. This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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