

Después de la internación para la prueba EEG de su niño

Información para después de la prueba EEG de su hijo: cuidados para la piel, cómo quitar el pegamento del cabello, cuándo llamar al médico y cuándo recibirá los resultados.

¿Qué sucede cuando se quitan los electrodos de EEG?

Cuando le quitan los electrodos de EEG de la cabeza y el pecho a su hijo, la piel y el cuero cabelludo pueden quedar irritados o lastimados. Puede estar enrojecida y, a veces, tener ampollas o una herida abierta. Puede ser por la presión del electrodo en la piel y el pegamento necesario para fijar los cables.

¿Qué cuidados necesita la piel?

Lávala con agua y jabón. Seque con palmaditas. La piel debe estar protegida del sol para disminuir el riesgo de cicatrices.

¿Qué pasa si la piel se enrojece?

Si la piel está enrojecida (sin ampollas ni abierta), aplique una capa delgada de crema sin perfume ni color agregado (Aquaphor) que le ayudará para la cicatrización y la irritación. Se puede aplicar varias veces al día hasta que desaparezca el enrojecimiento.

¿Qué pasa si aparece una erupción?

Si la piel de su niño se enrojece mucho o nota una erupción donde estaban los electrodos, llame a su pediatra. Puede ser una reacción alérgica al pegamento, al removedor o al metal del electrodo.

¿Qué pasa si hay una ampolla?

Si se forma una ampolla, no la reviente. Deje que se seque sola. Aplique una capa delgada de crema sin perfume ni color agregado (Aquaphor) para facilitar la cicatrización y disminuir la irritación.

¿Qué pasa si la piel tiene una herida?

Si la piel tiene una herida abierta (abrasión), limpie el área y aplique una capa delgada de crema sin perfume ni color agregado (Aquaphor) para facilitar la cicatrización y reducir la irritación.

¿Qué pasa si supura?

Si el área abierta en la piel supura, coloque un curita para mantenerla limpia hasta que deje de supurar. Cuando eso ocurra, aplique una capa delgada de crema sin perfume ni color agregado (Aquaphor) durante unos días. A menos que el proveedor de atención médica del hospital lo recomiende, no es necesario usar pomadas ni crema antibiótica.

¿Cómo le quito el pegamento al pelo de mi niño?

Cuando llegue a casa, a su hijo le puede quedar un poco de pegamento en el pelo. Siga estos pasos para quitarlo:

- Sature el cabello con aceite de coco, aceite de oliva, crema o acondicionador.
- Peine el cabello saturado en crema, aceite o acondicionador con un peine fino.
- Espere 5 a 10 minutos.
- Lave el pelo como de costumbre.
- Si aún quedan grumos de pegamento, un algodón para frotar el área con quitaesmalte. Lave el pelo otra vez si es necesario.

¿Cuándo debo llamar al doctor?

Si su hijo tiene alguno de estos signos o síntomas, comuníquese con el proveedor de atención médica de su hijo:

- Fiebre de 101.5 F o más
- Erupción o mucho enrojecimiento en el lugar de los electrodos
- Supura cada vez más, cambia de color o huele mal
- El área alrededor de la herida está más roja o caliente al tacto

¿Cómo recibiré los resultados?

El médico de su hijo puede demorar entre 2 y 3 semanas para tener los resultados. Recibirá una llamada en las siguientes 2 semanas, después de salir del hospital, para hablar de cómo está y planificar el seguimiento.

¿Cómo hago para dar mi opinión?

Sabemos que la prueba EEG puede asustar y ser incómoda para el niño y los padres. Nos gustaría que reciba la mejor atención y todo el apoyo posible.

Su opinión sobre la visita de EEG de su hijo, puede ayudarnos a mejorar nuestra atención. Una manera es llenando una encuesta. Cada vez que su hijo venga a Children's puede ser elegido al azar para la encuesta. La fecha de la visita aparece en la encuesta, le agradecemos sus comentarios acerca de esa visita. Si recibe otra encuesta sobre otra visita, por favor llénela y envíela, aunque sus respuestas sean las mismas. La encuesta se envía por correo usando el sobre con franqueo pagado que recibirá.


Para más información

- Citas para EEG
206-987-2081
- Neurología
206-987-2078
- Hable con el proveedor de atención médica de su hijo
- www.seattlechildrens.org

Servicio gratuito de interpretación

- En el hospital, solicítelo a la enfermera.
- Fuera del hospital, llame a la línea gratuita de interpretación: 1-866-583-1527. Menciónele al intérprete el nombre de la persona o extensión que necesita.

¿Cómo es la encuesta?



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SURVEY INSTRUCTIONS

You may notice a number on the cover of this survey. This number is ONLY used to let us know if you returned your survey so we don't have to send you reminders.

You are sometimes told to skip over some questions in this survey. When this happens you will see an arrow with a note that tells you what question to answer next, like this:

Yes
 No → If No, Go to Question 1

Please think about you and your child's Seattle Children's medical clinic visit on February 22, 2014 as you provide your best answer to each of the following questions.

YOUR CHILD'S CARE DURING YOUR VISIT

These questions ask about your most recent visit with this provider.

1. Wait time includes time spent in the waiting room and exam room. During your visit, did your

3. Did this provider ask if you had any questions?⁷⁴²⁹⁷⁹

1: Yes, definitely
 2: Yes, somewhat
 3: No

4. During your visit, were you comfortable talking with this provider about problems or concerns you had about your child's health?⁴²⁹⁸⁰

1: Yes, definitely
 2: Yes, somewhat
 3: No

5. During your visit, did this provider explain things about your child's health in a way that was easy for you to understand?⁷⁴²⁹⁸¹

1: Yes, definitely
 2: Yes, somewhat
 3: No

¿Cómo recibimos las opiniones, sugerencias y quejas de la familia?

Nos puede informar sobre una cita o la estadía de su hijo en el hospital:

- Llamando a Relaciones con el Paciente y la Familia al 206-987-2550.
- Hablando con nuestro personal, pida que ingrese su información usando eFeedback en una computadora.
- Completando una forma de comentarios, las encontrará por todo el hospital.
- Visitando www.seattlechildrens.org/patients-families/family-feedback y completando el formulario electrónico.

Seattle Children's ofrece servicio gratuito de interpretación para pacientes, familiares y representantes legales sordos, con problemas de audición o con inglés limitado. Seattle Children's tendrá disponible esta información en formatos alternativos bajo solicitud. Llame al Centro de Recursos para la Familia al 206-987-2201.

Este volante fue revisado por el personal clínico de Seattle Children's. Sin embargo, como las necesidades de su niño son únicas, antes de actuar o depender de esta información, por favor consulte con el proveedor de atención médica de su hijo.

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After Your Child's Inpatient EEG Test

Information for after your child's EEG test, including skin care, how to get glue out of your child's hair, when to call the doctor and when your results will be ready.

What happens when the EEG leads are removed?

When EEG leads are removed from your child's head and chest, the skin underneath may be irritated or injured. There may be some redness and possibly even a blister or an open wound on your child's skin. This can be caused by the pressure of the lead on the skin and the glue needed to hold the lead in place.

How do I take care of the affected area of skin?

Clean the area with soap and water. Pat dry. Carefully care for the area and keep the skin protected from the sun to decrease the risk of scarring.

What if the skin is red?

If the skin is red (no blister or open area), apply a thin layer of a non-perfumed, no-color added cream or lotion (such as Aquaphor). This is to help with the healing and irritation. It can be applied several times per day until the redness goes away.

What if a rash develops?

If your child's skin has a lot of redness or a rash where the electrodes were, please call your child's pediatrician. Your child may have had an allergic reaction to the glue, glue remover or to the metal in the electrode.

What if the skin has a blister?

If the skin has a blister, do not pop the blister. Allow the blister to dry up on its own. Apply a thin layer of a non-perfumed, no-color added cream or lotion (such as Aquaphor) to help with the healing and lessen irritation.

What if the skin has an open wound?

If the skin has an open wound (abrasion), clean the area and apply a thin layer of a non-perfumed, no-color added cream or lotion (such as Aquaphor) to help with the healing and lessen irritation.

What if the area is draining?

If the open area is draining, place a small bandage over the area to keep it clean until the drainage stops. After the drainage stops, apply a thin layer of a non-perfumed, no-color added cream or lotion (such as Aquaphor) for a few days. Unless otherwise recommended by the healthcare provider in the hospital, an antibiotic ointment or cream is not needed.

How do I remove the glue from my child's hair?

When you get home, your child may have some glue stuck in their hair.

Follow these steps to remove it:

- Saturate your child's hair with coconut oil, olive oil, lotion or conditioner.
- Comb the lotion, oil or conditioner through your child's hair with a fine-toothed comb.
- Wait 5 to 10 minutes.
- Wash your child's hair as usual.
- If there are still clumps of glue, rub the area with nail polish remover on a cotton ball. Wash your child's hair again if needed.

When should I call a doctor?

If your child has any of these warning signs or symptoms, contact your child's healthcare provider:

- Fever higher than 101.5°F
- Rash or a lot of redness where the electrodes were placed
- Wound drainage increases, changes color or smells bad
- Area around the wound becomes more red or warm to touch

How do I get the test results?

It can take 2 to 3 weeks after the test for your child's doctor to get the results. You will receive a call within 2 weeks after going home to help with follow up communication and planning.

How can I give feedback?

An EEG test can be scary and uncomfortable for both child and parent. We want to provide you with the best care and support you however we can.

You can help us improve care by telling us about your child's EEG visit. One way we ask you to do this is by filling out a survey. You could be selected at random each time your child visits Children's. The date of the visit is on the survey, so please give us feedback about that visit. If you receive another survey for a different visit, please fill it out and return it, even if your answers do not change. The survey is sent to you by mail with a postage-paid return envelope.


To Learn More

- EEG Scheduling
206-987-2081
- Neurology
206-987-2078
- Your child's
healthcare provider
- www.seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your child's nurse.
- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.

What does the survey look like?



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How can families provide us with feedback – suggestions or complaints?

Here are more ways you can tell us about your child's clinic visit or hospital stay:

- Call Patient and Family Relations at 206-987-2550.
- Tell a staff member and ask them to enter your information into a computer using eFeedback.
- Fill out a comment card, which can be found throughout the hospital or in clinics.
- Go online at www.seattlechildrens.org/patients-families/family-feedback and fill out the electronic form.

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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