



Genetics Clinic Evaluation

What to expect during your visit

Answers to common questions about a visit to the Genetics Clinic

Welcome to the Genetics Clinic. We want your clinic visit to go as smoothly as possible, and we want to help prepare you for what to expect. Here are answers to some questions that you might have about our clinic.

Why is my child going to the Genetics Clinic?

Your child has been referred to the Genetics Clinic for a genetic evaluation because of their unique symptoms and traits. The evaluation will determine if there may be a genetic cause.

How will this genetic evaluation help my child?

A genetic evaluation allows us to provide to your family:

- Information and support if your child/family member has a genetic condition or if they may be at risk for a genetic condition
- Recommendations for genetic testing that may guide your child's care
- Genetic counseling before your child has any genetic testing

Who will see my child?

Genetic counselor – genetic specialist trained in counseling who will review family health history, inheritance and results of genetic testing.

Genetic doctor/nurse practitioner – medical specialist trained in the identification and diagnosis of genetic conditions.

What happens during a clinic visit?

1. You will meet with the genetic counselor to share your concerns about your child and ask any questions about the genetic evaluation.
2. The genetic counselor will ask you questions about your family's health history.
3. You will meet with the genetic doctor or nurse practitioner to talk about your child's health and developmental history.
4. They may do a physical exam of your child.
5. They may recommend genetic testing and additional evaluations like ultrasounds or X-rays.

To Learn More

- Genetics Clinic
206-987-2056
- www.seattlechildrens.org/patients-families/
- Ask your child's healthcare provider

Free Interpreter Services

In the hospital, ask your child's nurse.

- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.

Who should attend?

Your child and both parents/guardians should attend, if possible.

How long is a Genetics Clinic visit?

The visit usually lasts 2 hours.

How should I prepare for the visit?

- Be prepared to talk about the health history of your child and family.
- Fill out and return the health and family history questionnaire and medical record release.

To learn more about how to prepare for a clinic visit, hospital amenities and family support services, visit www.seattlechildrens.org/patients-families.

If my provider recommends genetic testing for my child, does insurance cover it?

Insurance coverage for genetic testing is different for each insurance plan. We will talk about insurance authorization at your visit.