



Compression Garments

Wear and Care

Your child's compression garment is made just for them (custom made) to provide pressure (compression) to prevent and treat swelling.

To make sure the compression garment works well for your child, it is recommended that your child wears it:

Therapist's name: _____

Therapist's phone number: _____

To Learn More

- Occupational Therapy
206-987-2113
- Ask your child's healthcare provider
- www.seattlechildrens.org

Washing Instructions

- Wash the garment every day
- Machine wash or hand wash with warm water
- Use mild soap or detergent
- Do not use fabric softeners.
- Dry flat or drip dry (do **not** dry in the dryer)
- Do not bleach
- Do not iron
- Avoid direct sunlight and excessive heat
- Avoid lotions or oils
- Keep protected from cuts or open sores with a bandage

Free Interpreter Services

- In the hospital, ask your child's nurse.
- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.

How long will it last?

Your child's compression garment will last about 6 months. Your child will need to be remeasured for a new one in 4 to 6 months. This is because it loses support and tightness over time with washing and wearing. It may have to be replaced earlier if your child grows out of it or it wears out. If your garment gets a tear or hole, you will need to have it replaced.

To schedule an appointment to replace your garment, please contact the schedulers in the Occupational Therapy/Physical Therapy department at 206-987-2113.

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

© 2017 Seattle Children's, Seattle, Washington. All rights reserved.