



Medicine Evaluation

What to expect during your visit

This handout describes what you can expect at a medicine evaluation visit and includes steps for how to order refill medications.

What happens during a medicine evaluation?

You and your child will meet with one of our providers to talk about medicine options to treat your child's symptoms. We will schedule you for 2 visits about 2 to 3 weeks apart. Your child will be weighed and measured and have their blood pressure taken each time. Our goal is to help your child get started on the right medicine for them if needed. Then, once they are stable, we refer you back to your primary care provider for ongoing management.

Will medicine be prescribed at the first visit?

Most of the time, we don't give prescriptions at the first visit. Decisions about prescribing are based on:

- Your child's symptoms
- Information from your child's records and questionnaires
- Other medical conditions your child has
- The risks and benefits of prescribing medicine

How do I prepare for the visit?

Please fill out all the questionnaires we gave to you, and return them at least a week before your next visit. Bring in the bottles or a list of any current medicines that your child is taking for any reason. Include all over-the-counter medicines, herbal medicines and vitamins your child takes.

Which providers can prescribe medicines?

All of these providers are licensed to prescribe and manage psychiatric medicines:

- Psychiatrists
- General psychiatry residents, child and adolescent psychiatry fellows
- Psychiatric nurse practitioners

How do I get a prescription renewed for my child?

- The best way to get a prescription renewal is at your child's clinic visit, before your current prescription runs out.
- It is best to plan and schedule your child's next visit before you leave clinic each time.
- If you will run out of refills before your next appointment call us:
 - If we haven't seen your child for 6 months, we need to see them in clinic before we can prescribe more medicine. Call to schedule a visit at 206-987-2164, option 1.
 - If your child has been in clinic within the last 6 months, we can give you a refill (a paper prescription for stimulants or a call to your pharmacy for non-stimulants), but we will ask you to make the needed follow-up appointment.

Free Interpreter Services

- In the hospital, ask your child's nurse.
- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.

How do I refill my child's medicines?

For stimulant medicines: Contact Seattle Children's

If you want your paper prescription mailed to you, request the refill **at least 7 business days before** you run out of medicine.

If you will be picking up your paper prescription, request the refill **at least 5 business days before** you run out of medicine.

Stimulants are medicines for attention deficit hyperactivity disorder (ADHD). You must have a new paper prescription for **each** month's worth of medicine. We cannot call or fax the prescription in to your pharmacy.

To get a refill

Call and leave a message on our refill line at 206-987-6130.

You can have the prescription mailed to you, or you can pick it up. Usually you will pick it up at the clinic where your child is seen.

Pick-up locations and hours:

Seattle Children's Main Campus – Outpatient Psychiatry and Behavioral Medicine Clinic

206-987-2164

4800 Sand Point Way NE, Seattle, WA 98105

Mon-Fri, 9:00 a.m. to 12 and 1 to 5 p.m.

Odessa Brown Children's Clinic

206-987-7210

2101 E. Yesler Way, Seattle, WA 98122

Mon-Fri, 8:30 a.m. to 5:30 p.m.

Seattle Children's at Overlake – Outpatient Psychiatry and Behavioral Medicine Clinic

206-987-2164

1135 116th Ave. NE

Suite 400, Bellevue, WA 98004

Mon-Thurs, 8 a.m. to 5 p.m.

Fri, 8 a.m. to 4:30 p.m.

For other medicines: Contact your pharmacy

Request refills **at least 5 business days before** you run out of medicine.

Local pharmacy:

If you use your local pharmacy, call them to request a refill.

Seattle Children's Pharmacy:

If you use Seattle Children's Pharmacy, you can:

- **Call**

Main Campus Ocean Pharmacy (Level 6)

206-987-2138

Mon-Sun, 8:30 a.m. to 11 p.m.

Bellevue Clinic and Surgery Center Pharmacy

206-884-9120

Mon-Fri, 7:30 a.m. to 10:30 p.m.

- **Refill online**

<https://refill.seattlechildrens.org/>

- **Use RefillPro mobile app**

Scan the barcode on the prescription bottle or enter your prescription number.

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

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