

Books about Sexual Assault Prevention and Recovery

Books

You can find many of these books at your local library or bookstore or online.

Books for children

He Told Me Not to Tell

Jennifer Fay, King County Sexual Assault Resource Center, 2003

Available free and in Spanish at: kcsarc.org/sites/default/files/Resources%20-%20He%20Told%20Me%20Not%20To%20Tell.pdf

I Said No! A Kid-to-Kid Guide to Keeping Private Parts Private

Zach and Kimberly King, Boulden Publishing, 2008

My Body is Private

Linda Walvoord Girard, Albert Whitman & Company, 1992

Some Parts Are Not for Sharing

Julie K. Federico, Tate Publishing, 2009

The Right Touch: A Read-Aloud Story to Help Prevent Child Sexual Abuse

Sandy Kleven, Illumination Arts Publishing Co., 1998

Those Are My Private Parts

Diane Hansen, Empowerment Productions, 2013

Harborview Abuse and Trauma Center

depts.washington.edu/hcsats/PDF/factsheets/books%20list%20for%20SA%20Prev%20and%20SH.pdf

Books for Teens

How Long Does It Hurt? A Guide to Recovering from Incest and Sexual Abuse for Teenagers, Their Friends and Their Families

Cynthia Mather and Kristina Debye, Jossey-Bass, 2014

It Happened to Me: A Teen's Guide to Overcoming Sexual Abuse (workbook)

J William Lee Carter, New Harbinger Publications, 2002

The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse

Ellen Bass and Laura Davis, Collins Living, 2008

The Me Nobody Knows: A Guide for Teen Survivors

Barbara Bean and Shari Bennett, Jossey-Bass, 2009

To Learn More

- Harborview Abuse and Trauma Center
206-744-1600
- Ask your child's healthcare provider
- seattlechildrens.org

Free Interpreter Services

- In the hospital, ask your nurse.
- From outside the hospital, call the toll-free Family Interpreting Line, 1-866-583-1527. Tell the interpreter the name or extension you need.

Books for parents

Especially for Parents

King County Sexual Assault Resource Center, 2003

Available free at kcsarc.org/sites/default/files/Resources%20-%20Especially%20for%20Parents%20-%20Handout%20Format%20-%20Updated%202017.pdf

Especially for Parents of Adolescents

King County Sexual Assault Resource Center, 2003

Available free at kcsarc.org/sites/default/files/Resources%20-%20Especially%20for%20Parents%20of%20Adolescents.pdf

A Safer Family, a Safer World

A free booklet for parents and caregivers. Produced by Harborview Abuse and Trauma Center. Available in 10 languages.

depts.washington.edu/hcsats/PDF/factsheets/CSA_flipbook_final_WEB.pdf

Helping Your Child Recover from Sexual Abuse

Caren Adams and Jennifer Fay, University of Washington Press, 1992

How to Talk to Teens about Really Important Things

Charles Schaefer and Theresa Foy DiGeronimo, John Wiley & Sons, 1999

Protecting the Gift: Keeping Children and Teenagers Safe (And Parents Sane)

Gavin De Becker, Dell Publishing, 2000

Ten Talks Parents Must Have with Their Children about Sex and Character

Pepper Schwartz and Dominic Cappello, Hyperion, 2000

The Safe Child Book: A Commonsense Approach to Protecting Children and Teaching Children to Protect Themselves

Sherryll Kraizer. Fireside, 2012

Disclaimer: The inclusion of any website link, or resource accessed through a link, does not imply endorsement by Seattle Children's. Please seek the advice of your child's healthcare provider before you act or rely upon any information from these resources.

Seattle Children's offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children's will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201. This handout has been reviewed by clinical staff at Seattle Children's. However, your child's needs are unique. Before you act or rely upon this information, please talk with your child's healthcare provider.

© 2020 Seattle Children's, Seattle, Washington. All rights reserved.

10/20
PE1703