

The Sports Clinic

Important guidelines for your child's therapy session

One parent allowed in the gym during therapy session

Because of space, safety, and distractions in the gym, we ask that only one parent or caregiver come with your child into the gym during your child's visit. You can watch your child's session from the designated seating area in the gym.

We encourage you to check in with your child's therapist before and after each session. This is a good time to talk about concerns, progress and your child's treatment plan.

After first visit, children older than 10 can come alone

After your child's first appointment, your child can come to therapy sessions alone if they are older than 10. Most patients perform better and are less distracted without family members present. We will talk with you to decide what works best if your child is under 10 or has special needs. We don't provide supervision for your child outside of their therapy time.

Siblings, family and friends must wait in waiting room

For safety, siblings, other family members and friends must wait in the waiting room. Children cannot be left alone in the waiting room. If there is only one adult at the visit, they must wait with children in the waiting room until the therapy session is over.

Free Interpreter Services

- From outside the hospital, call the toll-free Family Interpreting Line 1-866-583-1527. Tell the interpreter the name or extension you need.

To change or cancel an appointment

Please call 206-987-6400, 48 hours before, to cancel or change an appointment.

Please arrive 15 minutes early to check in. If you check in late, your therapy session will be shortened. If you are more than 20 minutes late, we may need to reschedule. If your child is late for or misses 3 sessions, they may be dismissed from the program, or we may allow you to schedule only one session at a time.

If your child missed school because they were sick, you need to reschedule their therapy appointment.

If you have any questions, call the manager: 206-884-9194