

Primary Care Provider Referral Guidelines for Undescended Testes (UDT)

Please obtain a birth history, including gestational age, for any males with suspected UDT.

The testes should be palpated to establish positioning and characteristics (size, symmetry, Tanner staging, etc.) at each well-child check-up.

Please refer any infant with UDT detected at birth to Urology by no later than 6 months of age. It is fine to refer as soon as this is detected, as the evaluation can be canceled if spontaneous descent occurs.

Please refer males of any age (0 to 21) to Urology if previously palpable testes are no longer palpable or no longer able to be brought down into the scrotum.

Any phenotypic newborn male assessed to have bilateral nonpalpable testes should be urgently referred to Urology for evaluation of a possible disorder of sex development.

Please **do not** order/perform ultrasound or other imaging as part of a workup for UDT. Expert examination by a Urology provider is the gold standard for assessment.

Males found to have retractile testes should have an examination annually to assess for secondary ascent.

Adapted from the American Urological Association's Guideline Statement on Evaluation and Treatment of Cryptorchidism (2014).