Essential Trach/Vent Equipment for Home and the “To Go” bag

The essential equipment must be with your child at all times. Use this list to check and restock the essential equipment and supplies daily and before your child leaves the house with their “To Go” bag. You will need 2 adults when you take your child in your car. One must be a fully trained caregiver and sit next to the child and the other adult drives the car.

Essential Trach Equipment and Supplies
- Trach tube the same size as your child’s
- Trach tube one size smaller (emergency trach)
- Sterile lubricant
- Trach ties, blunt scissors and stoma care supplies
- Syringe for cuffed trach and sterile water
- Portable suction, fully charged, with AC + DC power cords
- Suction catheters (closed, simple, oral, nose) and saline packets
- Shoulder roll
- Gloves and hand sanitizer
- Oximeter, fully charged, with AC power cord
- Oximeter cable and disposable probes
- Oxygen tank (check the amount of gas in the tank)
- Resuscitator bag (check daily)
- Resuscitator bag face mask and stoma mask
- Heat Moisture Exchanger (HME)
- Letter with medical history, doctor’s contact information and emergency numbers
- Cough Assist if ordered
- Oral Airway if ordered

Essential Vent Equipment and Supplies
- Ventilator with AC + DC power cords
- Fully charged batteries (internal, detachable and external)
- Battery cables and car adaptor
- An extra complete prebuilt ventilator circuit with oxygen tubing

Consider using a backpack, travel bag, toiletry bag or an organizer for your child’s “To-Go” bag. Choose the best option for your child’s needs.

For questions ask:
- Respiratory Discharge 206-987-2258
- Your child’s healthcare provider
- Trach Vent Nurse line 206-987-4728
- www.seattlechildrens.org

Seattle Children’s offers interpreter services for Deaf, hard of hearing or non-English speaking patients, family members and legal representatives free of charge. Seattle Children’s will make this information available in alternate formats upon request. Call the Family Resource Center at 206-987-2201.

This handout has been reviewed by clinical staff at Seattle Children’s. However, your child’s needs are unique. Before you act or rely upon this information, please talk with your child’s healthcare provider.

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