Algorithm: Tonsillar Hypertrophy

**Symptoms:**
- Enlarged tonsils for 3 months or longer, AND
- Snoring, mouth breathing, apneas (during sleep) OR inattention, poor concentration, hyperactivity, excessive sleepiness (during the day)

**History of any of the following:**
- Age < 2 years
- Obesity
- Down syndrome
- Craniofacial abnormalities
- Neuromuscular disorders
- Sickle cell disease
- Mucopolysaccharidoses
- Complex congenital heart disease

**Recommend sleep study. Obstructive sleep apnea present?**

**Refer to Otolaryngology**

**Observation**