Mental Health Referral Service for Washington’s Children and Teens

How do we help families?

In fiscal year 2019-2020
...we connected with 1,864 families to help find mental and behavioral health resources in their communities.

...we helped families from 28 Washington counties.

...we successfully helped 60% of families access mental and behavioral health care providers.

What Resources does the Referral Service Help Find?
The most common requests:
- Individual Therapy
- Medication Management/ Psychiatric Referral
- Diagnostic Evaluation

Families are Happy with our Services
Over 200 surveyed and reported:
- They would recommend our Referral Services to other families who need mental and behavioral health care.
  - [ ] 0 1 2 3 4 5 4.9
- Many felt our Referral Services met their needs.
  - [ ] 0 1 2 3 4 5 4.7
- Nearly all were satisfied with our overall services.
  - [ ] 0 1 2 3 4 5 4.7

...we added over 2,000 Child Mental and Behavioral Health Care Providers to our database.

www.seattlechildrens.org/wa-mental-health