Pediatric and Adolescent Gynecology (GYN) vs. Reproductive and Sexual Health (RSH)

**Premenarchal patients (before periods)**
- Referral from Eastern WA/out-of-state
- Request for IUD/implant placement in medically complex patients or younger than 13 yo
- Ovarian cyst >4cm (*urgent if >5cm*)
- Ovarian mass SOLID or complex
- Endometriosis - surgical consult
- Foreign body
- Hematocopsos/Hematometra
- Labial Hypertrophy
- Surgical diagnosis/post-op
- Tampon - inability to insert
- Hymenal abnormality
- Uterine anomaly
- Vaginal agenesis
- Vaginal/perineal mass or abscess
- History of cancer
- History of ovarian torsion
- Single/solitary ovary
- Primary ovarian insufficiency
- High FSH
- Bleeding disorder/dyscrasia
- Tubo-ovarian abscess

**Postmenarchal AND....**
- Contraception/birth control consult
- Irregular menses
- Menstrual suppression
- Ovarian cyst <4cm
- PCOS
- Endometriosis - medical management
- Secondary amenorrhea
- STI screening/management
- Vaginal/genital lesion
- Vaginal discharge
- Vulvovaginitis
- Breast asymmetry
- Hirsutism
- PMDD (premenstrual dysphoric disorder)
- Galactorrhea
- Breast asymmetry

**The following always requires RN review and may require information from PCP possibly including labs, imaging, growth chart.**
- Primary amenorrhea
- Prepubertal bleeding
- Heavy menstrual bleeding
- Provider or family request to see a specific provider

**ADO/GYN RN review**
- Autism, bleeding disorder, cardiac or renal abnormality, developmental delay, Downs syndrome, seizure disorder, transplant patient-solid tumor or stem cell/bone marrow transplant

**All ovarian cyst referrals require imaging report (for size and complexity) and images to be pushed**

*Schedule with GYN provider only*

*Schedule with RSH provider*
**IUD Decision Tree**

- Medically Complex*
- Prior attempt at placement/removal unsuccessful
- <13 years of age
- Request for specific gynecology provider

* Autism, bleeding disorder, cardiac or renal abnormality, developmental delay, Downs syndrome, seizure disorder, transplant patient-solid tumor or stem cell/bone marrow transplant

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**YES**

Schedule with GYN provider only

**NO**

Schedule with RSH provider

* Autism, bleeding disorder, cardiac or renal abnormality, developmental delay, Downs syndrome, seizure disorder, transplant patient-solid tumor or stem cell/bone marrow transplant