

Referral Algorithm: Newly Diagnosed Diabetes Patients Age 17 or Younger*

Patient meets ANY of the following:

- Is 4 years old or younger
- Is in DKA**
- Is acutely ill
- Has complex medical or social needs
- Requires isolation procedures
- English is not primary language spoken by family

YES

Admission for medical management and education required.

Call our ED Communication Center at 206-987-8899 or toll free 866-987-8899 to facilitate your patient's arrival.

NO

Collect the following :

- Blood glucose
- Urine ketones
- If possible: electrolytes, venous blood gas (VBG) and beta hydroxybutyrate (BOHB)

Page the on-call endocrinologist at 206-987-7777 with results to see if your patient is eligible for outpatient education. If your patient has moderate or large ketones, he or she will require further evaluation for DKA. You will be instructed on next steps by the endocrinologist.

If NOT
eligible

If eligible

The endocrine team will schedule your patient's outpatient education class appointment (usually next day at 7:30 a.m.).

Please give the family the handout "[Living With Diabetes: A 2-Day Class for Your Family](#)" with the class appointment date/time written in.

** **DKA (diabetic ketoacidosis) is diagnosed as:**

- Glucose greater than 200 mg/dL AND
- pH less than 7.3 or $\text{HCO}_3^- < 15$ mEq/L AND
- Ketonemia (BOHB >1 mmol/L)

* Patients age 18 or older should be referred to an endocrinologist for adults