### Seattle Children's

## Emergency or Urgent Care?

When your child needs medical care and can't wait until your doctor's office opens, where should you go?

This chart will help you know whether a visit to Urgent Care or the Emergency Department is best. Urgent Care is not intended for emergencies, but is appropriate for minor illnesses and injuries.

Remember, if your child's illness or injury is life-threatening, call 911.

#### **Urgent Care Does Not Provide:**

- Return-to-play evaluations after a concussion
- Sports or camp physicals
- Well-child checkups

Talk with your primary care provider if your child needs one of these.

| Condition   | Urgent Care | Emergency<br>Department |
|---|-------------|-------------------------|
|   |             | Department              |
| Allergies   | Urgent Care |                         |
| Asthma attack (minor)   | Urgent Care |                         |
| Asthma attack (severe)  |             | Emergency               |
| Bleeding that won't stop  |             | Emergency               |
| Broken bone (not bent)  | Urgent Care |                         |
| Broken bone (bent, curved or looks deformed                     | )           | Emergency               |
| Bronchiolitis   | Urgent Care |                         |
| Burn (minor)  | Urgent Care |                         |
| Burn (severe)   |             | Emergency               |
| Cast problem (soiled or wet)                                    |             | Emergency               |
| Cold  | Urgent Care |                         |
| Cough   | Urgent Care |                         |
| Cut (minor)   | Urgent Care |                         |
| Cut (severe)  |             | Emergency               |
| Dehydration   | Urgent Care |                         |
| Diarrhea  | Urgent Care |                         |
| Dizziness   | Urgent Care |                         |
| Earache and ear infection                                       | Urgent Care |                         |
| Fainting  |             | Emergency               |
| Fever (infants less than 2 months old)                          |             | Emergency               |
| Fever (children over 2 months old)                              | Urgent Care |                         |
| Headache  | Urgent Care |                         |
| Headache, migraine  |             | Emergency               |
| Head injury (minor and without loss of consciousness)           | Urgent Care |                         |
| Head injury (with loss of consciousness or from extreme impact) |             | Emergency               |
| Insect or minor dog bite  | Urgent Care |                         |
| Mental health concerns  |             | Emergency               |
| Nausea  | Urgent Care |                         |
| Pink eye  | Urgent Care |                         |
| Pneumonia   |             | Emergency               |
| Poisoning   |             | Emergency               |
| Rash  | Urgent Care |                         |
| Seizure   |             | Emergency               |
| Sore throat   | Urgent Care |                         |
| Sprain or strain  | Urgent Care |                         |
| Stitches (minor stitches without sedation)                      | Urgent Care | ••••••                  |
| Stitches (deep wound or needing sedation)                       |             | Emergency               |
| Stomach pain (mild)   | Urgent Care | ••••••                  |
| Stomach pain (severe)   |             | Emergency               |
| Swallowed object  |             | Emergency               |
| Trouble breathing   |             | Emergency               |
| Ultra Sound, CT scan or MRI Studies                             | ••••••      | Emergency               |
| Urinary infection   | Urgent Care |                         |



#### **Urgent Care Locations**

www.seattlechildrens.org/urgentcare

#### **Bellevue**

1500 116th Ave NE Bellevue, WA 98004 206-987-2211

#### **Federal Way**

34920 Enchanted Parkway South Federal Way, WA 98003 206-987-2211

#### **Everett**

1815 13th St. Everett, WA 98201-1679 206-987-8899

#### **Seattle**

Ocean 6, Entrance on Ocean 7 4800 Sand Point Way NE Seattle, WA 98105 206-987-2211

#### **Urgent Care Hours**

Monday through Friday, 5 to 10:30 p.m.

Saturday and Sunday, 11 a.m. to 8 p.m.

#### Make an Urgent Care Appointment

Seattle Children's Urgent Care offers same-day appointments at our 4 locations. Limited walk-in appointments are available on a first-come, first-serve basis. Schedule online seattlechildrens.org/urgentcare or call 206-987-2211.

If you do not schedule an appointment in advance, and we do not have appointments available when you arrive, we will provide you with information about other locations that can care for your child.

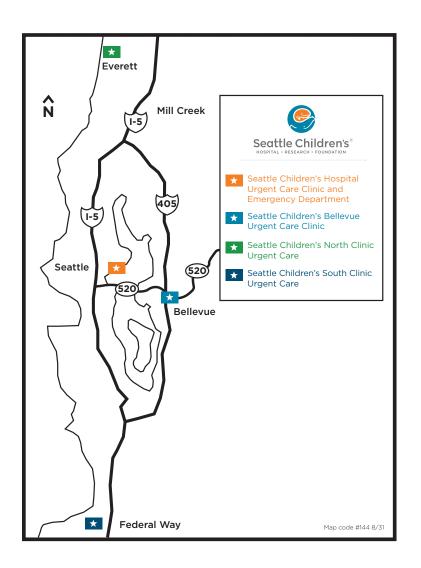
#### **Emergency Department**

www.seattlechildrens.org/emergency

#### **Seattle Children's Hospital**

4500 40th Ave. NE Seattle, WA 98105 206-987-2222

Hours: 24 hours, seven days a week



# Children don't get sick just during office hours

That's why we offer evening and weekend care at our Urgent Care Clinics in Bellevue, Everett, Federal Way and Seattle. We care for kids and teens with a whole range of illnesses and minor injuries, including strains and sprains, pink eye, cuts and bruises, vomiting, diarrhea and dehydration, fever, earaches, asthma attacks, abdominal pain and urinary tract infections.

Urgent Care is not intended for emergencies, but is appropriate for minor illnesses and injuries. Please see the opposite side of this flyer for a chart that will help you decide whether a visit to Urgent Care or the Emergency Department is best.

In case of an emergency, please go to Seattle Children's Hospital Emergency Department. Remember, if your child's illness or injury is life-threatening, call 911.

