Welcome to the Seattle Children’s Hospital Biofeedback Program!
The Biofeedback Program instructs patients in relaxation, breathing and guided imagery skills to help control headaches, stomach pain, and/or muscle pain. Biofeedback uses sensors and a computer to track data about muscle activity, heart rate, hand temperature, and breathing. Your child watches the data on a monitor and the biofeedback trainer adds some helpful suggestions. Your child will see their success as it is happening.
Our program requires the regular use of biofeedback skills and techniques. Your child must be involved and practice on their own during the day. They will take ownership of their biofeedback practice and may need your support to be successful.
To learn more about what will happen at your child’s appointment please visit our website at: http://www.seattlechildrens.org/clinics-programs/biofeedback/

Coverage
Please note that some insurance providers do not pay for biofeedback therapy so it is important to check with your insurance company about coverage. Your insurance company may ask for the biofeedback CPT code, also known as the procedure code, which is 90901. Should your insurance need a preauthorization letter, please contact your referring or primary care provider to send the required documentation to your insurance company.

Attendance
Due to the high volume of patients in our program, we have a strict attendance policy. Please give at least 24 hour notice if you need to cancel an appointment. After 2 no shows we will cancel all remaining appointments. You must call to reschedule the appointments.

Contact information
To schedule/cancel appointments: 206-987-2028 opt. 2
For general biofeedback questions: 206-987-6474
For questions about insurance coverage, price estimates, or authorization: 206-987-5757
For information about financial assistance: 206-987-3333

Seattle Clinic Location
Springbrook Professional Center
4540 Sand Point Way NE
Seattle WA 98145

Bellevue Clinic Location
Seattle Children’s Bellevue Clinic
1500 116th Ave NE
Bellevue, WA 98004