Welcome

Dr. Ivor Horn, Medical Director
Center for Diversity & Health Equity
Seattle Children’s in the Community

For more than 100 years, we have been dedicated to the well-being of children, families and our communities.
Our Mission

We believe all children have unique needs and should grow up without illness or injury. With the support of the community and through our spirit of inquiry, we will prevent, treat and eliminate pediatric disease.
What is Community Benefit?

Programs and activities that promote health and healing in response to identified community needs.

They meet at least one of these objectives:
• Improve access to health care
• Enhance the health of the community
• Advance medical or health care knowledge
• Relieves or reduces the burden of government or other community efforts.
Overview of today

• Summary of 2013-2015 Community Benefit Achievements

• Learnings from families and community stakeholders

• A look ahead: 2016-2018 proposed priority areas & strategies

• Group discussion & feedback

• Next Steps & Closing
Purpose of today

- Meet others working to improve child and family health in the community
- Hear about our joint work with community partners
- Help inform the work ahead
Community Benefit Priorities 2013-2015

Community Health Needs Assessment

Community Benefit Priorities

- Access to High Quality Health Care
- Coordinated Care for Children with Chronic Conditions
- Health Equity and Access in South King County
- Obesity
- Mental and Behavioral Health

Sustaining Community Benefit Programs

- Adolescent Health
- Injury Prevention Intentional and Unintentional
- Programs and Services for Children with Special Needs
- Parent and Family Education and Resources
2013-2015
Community Benefit Results
Major Accomplishments:

- Active leadership role in the Health Coalition for Children and Youth (HCCY)
- Medicaid Expansion and youth enrolled
Spotlight On Coordinated Care for Children with Chronic Conditions

Tizzy Bennett, Director of Community Benefit and Guest Services

Major Accomplishments:

✓ Community based care coordination model research through Pediatric Partners in Care (PPIC) Grant

✓ Pediatric Medical Complexity Algorithm developed here and being used nationally
Major Accomplishments:

✓ Opening of Seattle Children’s South Clinic in Federal Way

✓ Healthy eating, active living and tobacco prevention impacted through Community Transformation and Partnership to Improve Community Health grants
Spotlight On Obesity

Kalayaan Domingo, former Coordinator, 75210 Dissemination Project

Major Accomplishments:

- Creation and Dissemination of 75210 Toolkit
- Mission Nutrition (Hospital food & beverage improvements)
Major Accomplishments:

- Inpatient expansion
- Community Emergency Department and provider training
A look ahead: 2016-2018
Hospitals for a Healthier Community CHNA

King County Community Health Needs Assessment

2015/2016
## Disparities in King County

<table>
<thead>
<tr>
<th>Indicator</th>
<th>AI/AN</th>
<th>Asian</th>
<th>Black</th>
<th>Hispanic</th>
<th>NHPI</th>
<th>White</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Access to Care</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Uninsured children</td>
<td>10</td>
<td>1</td>
<td>3</td>
<td>6</td>
<td>2</td>
<td>-2</td>
</tr>
<tr>
<td>No adolescent wellness checkup last 12 months</td>
<td>11</td>
<td>-2</td>
<td>1</td>
<td>2</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>No dental checkup last year</td>
<td>7</td>
<td>1</td>
<td>10</td>
<td>6</td>
<td>12</td>
<td>-5</td>
</tr>
<tr>
<td><strong>Maternal and Infant Health</strong></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Did not have early and adequate prenatal care</td>
<td>12</td>
<td>-1</td>
<td>11</td>
<td>6</td>
<td>28</td>
<td>-2</td>
</tr>
<tr>
<td>Did not initiate breastfeeding</td>
<td>9</td>
<td>-1</td>
<td>11</td>
<td>6</td>
<td>0</td>
<td>11</td>
</tr>
<tr>
<td>Adolescent births (rate, per 1,000)</td>
<td>12</td>
<td>-4</td>
<td>3</td>
<td>23</td>
<td>11</td>
<td>-1</td>
</tr>
<tr>
<td>Infant mortality (per 1,000 live births)</td>
<td>3</td>
<td>-1</td>
<td>3</td>
<td>0</td>
<td>1</td>
<td>-1</td>
</tr>
<tr>
<td>Low birthweight</td>
<td>1</td>
<td>1</td>
<td>3</td>
<td>-1</td>
<td>-1</td>
<td>-1</td>
</tr>
<tr>
<td>Preterm births</td>
<td>7</td>
<td>0</td>
<td>2</td>
<td>1</td>
<td>4</td>
<td>-1</td>
</tr>
<tr>
<td><strong>Obesity / Overweight</strong></td>
<td></td>
<td></td>
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<tr>
<td>Diabetes prevalence (school age)</td>
<td>1</td>
<td>0</td>
<td>3</td>
<td>1</td>
<td>2</td>
<td>-1</td>
</tr>
<tr>
<td>Overweight but not Obese (school-age)</td>
<td>5</td>
<td>-2</td>
<td>4</td>
<td>7</td>
<td>3</td>
<td>-1</td>
</tr>
<tr>
<td>Obesity (school-age)</td>
<td>4</td>
<td>-2</td>
<td>4</td>
<td>6</td>
<td>15</td>
<td>-2</td>
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<tr>
<td>Excessive screen time</td>
<td>2</td>
<td>-3</td>
<td>16</td>
<td>13</td>
<td>6</td>
<td>-5</td>
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<tr>
<td>Physical activity recommendation not met (school-age)</td>
<td>-7</td>
<td>6</td>
<td>-3</td>
<td>3</td>
<td>-1</td>
<td>0</td>
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<tr>
<td><strong>Smoking</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cigarette smoking (school-age)</td>
<td>8</td>
<td>-4</td>
<td>1</td>
<td>1</td>
<td>5</td>
<td>0</td>
</tr>
<tr>
<td>Secondary smoke exposure at home (school-age)</td>
<td>11</td>
<td>2</td>
<td>6</td>
<td>1</td>
<td>17</td>
<td>-3</td>
</tr>
<tr>
<td><strong>Safety</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Weapon carried to school, past 30 days</td>
<td>5</td>
<td>-6</td>
<td>3</td>
<td>1</td>
<td>3</td>
<td>-1</td>
</tr>
<tr>
<td>Not feeling safe at school</td>
<td>5</td>
<td>0</td>
<td>6</td>
<td>3</td>
<td>4</td>
<td>-3</td>
</tr>
<tr>
<td>Abused by an adult (school-age)</td>
<td>10</td>
<td>1</td>
<td>4</td>
<td>0</td>
<td>11</td>
<td>-3</td>
</tr>
<tr>
<td><strong>Adolescence</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Did not graduate high school on time</td>
<td>27</td>
<td>-5</td>
<td>14</td>
<td>18</td>
<td>25</td>
<td>-6</td>
</tr>
<tr>
<td>No adult to talk to about something important</td>
<td>4</td>
<td>8</td>
<td>9</td>
<td>11</td>
<td>7</td>
<td>-7</td>
</tr>
</tbody>
</table>

*Data represent (difference from % or rate in overall population). All are % unless otherwise noted.*

*Source: King County Community Health Indicators Project (http://www.kingcounty.gov/healthservices/health/data/indicators.aspx)*

[Seattle Children's Hospital Research Foundation](http://www.seattlechildrens.org)
Access to care
health insurance for young adults; navigating system; health literacy

Behavioral health
access; integration of behavioral and physical healthcare; boarding

Community input and inclusiveness
un- and under-represented communities at the table

Community assets & resources
partnerships, coalitions, faith-based, community health centers

Maternal/child health
disparities in birth results; poor early/adequate prenatal care

Meeting basic needs
transportation, affordable housing, public safety, living wages

Preventable causes of death
obesity, tobacco use

Violence and injury prevention
deaths due to suicide; distracted/impaired driving
Additional Community Input to Seattle Children’s

Photovoice and listening groups: 51 children and youth
- Meredith Matthews YMCA
- EX3 Teen Center Boys & Girls Club
- International Rescue Committee’s TRUE Group
- Communities in Schools at Mirror Lake Elementary, Federal Way
- Health Sciences and Human Services High School, Tukwila
- Garfield High School

Listening groups: 84+ parents and caregivers
- Somali Family Safety Task Force
- Latina Moms at Familias Unidas
- Vietnamese Parents and Grandparents at Neighborhood House
- Everyone Swims Program parent group at Medger Ever’s Pool
- Seattle Children’s Family Advisory Council
- SCH Psychiatry and Behavioral Medicine Parent Advisory Council

Listening groups: 17 providers and caregivers
- Native American Women’s Dialogue on Infant Mortality
- Somali Family Childcare Association
- Health and Wellness Ministry at the First African Methodist Episcopal Church
Interviews (not including Seattle Children’s providers)

Ina Maka Home Visiting Program | Tulalip Tribal Clinic | Alaska Native Medical Center | Child Care Aware | Educare | Thrive by Five | East African Community Services | Ethiopian Community Mutual Association | Somali Health Board | Horn of Africa Services | Sea Mar | Yakima Valley Farm Workers Clinic | El Centro de la Raza | Washington Chapter of the American Academy of Pediatrics | Garfield Teen Health Clinic | ESD 114 (North Olympic Peninsula) | Student Health Services for State Education Office (OSPI) | ESD 105 (includes Yakima, Toppenish) | Public Health – Seattle & King County | Federal Way School District Schools Nurse | UW School of Nursing, Psychosocial and Community Health | League of Education Voters | White Center Community Development Association | Center for Multicultural Health | Children’s Alliance | Bellevue Parks and Community Services | Easthill Community Network Council | Kent Black Action Commission | Tacoma-Pierce County Health Department | API Coalition Advocating Together (APICAT) for Healthy Communities | International Community Health Services
# Listening Group Participant Themes

## Strengths

- Existing programs/networks
- Advocacy
- Community Clinics & Centers
- Resilience
- Culture & community
- Traditions of health: foods, other generations
- Integrated care & holistic models

## Barriers

- Poverty
- Transportation
- Racism
- Language
- Distance or Location
- Structural/financial
- Education about nutrition & physical activity
- Family stability
- Homelessness/displacement

## Needs/Concerns

- Obesity
- Suicide & mental health
- Access to care & healthy foods
- Violence
- Education & Classes for Community
- Activities for Teens
- Culturally competent care & diverse workforce
Proposed 2016-2018 Priority Areas
Value Statement

All children, teens and families are safe and healthy, thrive, and reach their greatest potential as they define it. We work together with communities, hospital staff and partners to ensure that the resources, programs and policies we provide address social, cultural, emotional and environmental factors that promote health and wellness.

Framing Guidelines

Accomplished through:
Mutually beneficial partnerships

Focused on:
Population health, health inequities, identified gaps and building on strengths

Integrated in:
Patient Care Community Research Education Communication

Linked to:
Mission Vision Strategic Plan CPI Philosophy

Empowers:
Children Teens Families Providers Communities Government

Optimizes our role as:
Advocates Educators Researchers Experts Caregivers

Proposed Community Benefit Priorities 2016-2018

Coordinated Care
Healthy Eating, Active Living, Food Security
Suicide and Violence Prevention
Mental and Behavioral Health

Sustaining Community Benefit Programs

Access
Adolescent Health
Unintentional Injury Prevention
Programs and Services for Children with Special Needs
Parent and Family Education and Resources

Cross-cutting themes to improve community health across diverse populations include:
Access, Care Coordination, Equity, Population Health, Prevention and Social Justice
Breakout Groups: Discussion by Priority Area
Share Highlights from Group Discussion
Next Steps
Next Steps

Compile findings & Share with Seattle Children’s leadership

CB Plan strategy meetings

Incorporate feedback

Board adopts Assessment and CB Plan

Jun

Jul

Aug

Sep

Oct

Nov

Dec. ‘15-Feb. ‘16

Invite stakeholders to participate in CB Plan 2016-18

Final draft of CB Plan
Thank you &
Acknowledgements