



Postdoc Milestone Program

Suggested guidelines to successfully complete postdoctoral training at Seattle Children's Research Institute

| | IDP (Start) | IDP (Year 1) | IDP (Year 2) | IDP (Year 3) |
|---------------------------------|---|--|---|--------------|
| Communication Skills | Abstract Writing Poster Creation Presenting at a Symposium or Conference | | Interview Skills Session Media Training (How to deal with the media and developing your elevator pitch) Biosketch/Resume/CV Writing Workshop Recruiting and Interviewing for Lab Managers ACADEMIC TRACK: Teaching Statements/Course Development Workshop ACADEMIC TRACK: How to give a Successful Chalk Talk ACADEMIC TRACK: STEP Fellowship ACADEMIC TRACK: Teaching Opportunities ACADEMIC TRACK: Future Faculty Fellows Program ACADEMIC TRACK: Trainee to Tenure: Negotiating Your Tenure ACADEMIC TRACK: Conflict and Conversations | |
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| Leadership and Management | Motivating and Leading Teams Workshop Project Management Skills Workshop Series | | Lab Management Postdoc and Grad Student Advisory Board Participation People Management Skills 101 Strategic Planning/Long Term Planning Workshop | |
| | | Leadership vs. Management | | |
| Research Skill Development | Grant Writing Idea to Grant Elements or Grant Writing Group Fellowship Application Bioinformatics Course Data Storage and Sharing Clinical Trials Bootcamp | | Creative Problem Solving Journal Editing Panel | |
| | | RedCAP Training Grant Writing: Elements to Submission | | |
| Responsible Conduct of Research | Responsible Code of Conduct in Research | | | |
| | | Intellectual Property Info Session | | |
| Discipline Specific Knowledge | | | | |
| Professionalism | NIH Timeline and Grants Basics Funding Session: Grant Budgets Equity, Diversity and Inclusion Training Individual Development Plan Workshop Career Consultant Meeting Funding Series: NIH Loan Repayment Program | | | |
| | | Funding Series: K Award Panel Mentor Training | Negotiation Skills INDUSTRY TRACK: Business Acumen 101 INDUSTRY TRACK: Career Field Trips/Site Visits INDUSTRY TRACK: From Bench to Start up INDUSTRY TRACK: Effective Strategies for Transitioning After a Postdoc INDUSTRY TRACK: Hands on Apprenticeships with Industry (3-4 hr/wk for 6 weeks) | |

